## Employee Assistance Services Bureau - Client Telephone Interview 2017

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| Table QE3A | Page 26 | 3.a In the 30 days prior to contacting EAP, to what extent had your problems (whether physical or emotional) interfered with your normal social activities with family, friends, or co-workers? <br> Banner 1 |
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| Table QE4B | Page 29 | 4.b And 30 days after the last session? Banner 1 |
| Table QESA | Page 30 | 5.a In the 30 days prior to contacting EAP, how many days did you miss an entire day of work because of your physical, personal or mental health problems (average number of days)? <br> Banner 1 |
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| Table QE6B3 | Page 37 | 6.3. Please indicate the degree to which you agree with each of the statements for the $\mathbf{3 0}$ days AFTER the last session: I felt passionate about my job. Banner 1 |
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        the day.
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Table QE6B5
    6.5. Please indicate the degree to which you agree with each of the statements for the 30 days AFTER the last session: I often found myself thinking about my work at
        Banner 1
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Table QE73 Page 44 7.3. Since the end of my EAP sessions: It does not take me long to recover from a stressful event
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| Table QE6B4 | Page 39 | 6.4. Please indicate the degree to which you agree with each of the statements for the 30 days AFTER the last session: I was often eager to get to the work site to start the day. <br> Banner 1 |
| :---: | :---: | :---: |
| Table QE6A5 | Page 40 | 6.5. Please indicate the degree to which you agree with each of the statements for the 30 days PRIOR to accessing the EAP: I often found myself thinking about my work at home. <br> Banner 1 |
| Table QE6B5 | Page 41 | 6.5. Please indicate the degree to which you agree with each of the statements for the $\mathbf{3 0}$ days AFTER the last session: I often found myself thinking about my work at home. <br> Banner 1 |
| Table QE71 | Page 42 | 7.1. Since the end of my EAP sessions: I tend to bounce back quickly after a hard time. Banner 1 |
| Table QE72 | Page 43 | 7.2. Since the end of my EAP sessions: I have a hard time making it through stressful events. Banner 1 |
| Table QE73 | Page 44 | 7.3. Since the end of my EAP sessions: It does not take me long to recover from a stressful event. Banner 1 |
| Table QG1 | Page 45 | 1. Since the end of your EAP sessions, has there been any change with: your ability to deal with stressful circumstances? Banner 1 |
| Table QG2 | Page 46 | 2. Since the end of your EAP sessions, has there been any change with: your capacity to put things into perspective? Banner 1 |
| Table QG4 | Page 47 | 4. Since the end of your EAP sessions, has there been any change with: your ability to act positively when addressing difficulties? Banner 1 |
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I will list a number of reasons employees might have for consulting their EAP. I'll then ask you to indicate which one of the following best
describes your primary reason for contacting your EAP: To assist with... Banner 1

an expected value of less than 1
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

1. In general, how satisfied were you with the counsellor who initially responded to your telephone call (to 1-800-268-7708)?


Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB2 Page 3
2. How satisfied were you with how promptly the counsellor to whom you were referred scheduled your first appointment?

Ban

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Very satisfied | 523 | 352 | 135 | 24 | 9 | 3 |
|  | 65\% | 83\% | 50\% | 32\% | 36\% | 33\% |
|  |  | CDEF | D |  |  |  |
| Satisfied | 246 | 66 | 124 | 42 | 10 | 4 |
|  | 31\% | 16\% | 46\% | 57\% | 40\% | 44\% |
|  |  |  | B | B | B |  |
| Dissatisfied | 20 | 4 | 8 |  | 1 | - |
|  | 2\% | 1\% | 3\% | 9\% | 4\% |  |
| Very dissatisfied | 8 | - | 2 | 1 | 5 | - |
|  | 1\% |  | 1\% | 1\% | 20\% |  |
| Don't know/Refused | 3 | - | 1 | - | - | 2 |
|  | *\% |  | *\% |  |  | 22\% |
| TOP 2 | 769 | 418 | 259 | 66 | 19 | 7 |
|  | 96\% | 99\% | 96\% | 89\% | 76\% | 78\% |
|  |  | CDE | E |  |  |  |
| вотtом 2 | 4\% | 4 | 10 | 8 | 6 | - |
|  |  | 1\% | 4\% | 11\% | 24\% |  |
|  |  |  | B | B | BC |  |
| CHI-SQUARE SIGNIFICANCE | <---------------------------------------412.614- |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

[^0]Independent T-Test for Means (equal variances), Independent Z-Test for Percentages (unpooled proportions) Uppercase letters indicate significance at the 95\% level.

Denote Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5 .

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB3 Page 4
3. How satisfied were you with the counsellor's ability to understand your concerns?

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied |  | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Very satisfied | $\begin{aligned} & 422 \\ & 53 \% \end{aligned}$ | $\begin{array}{r} 422 \\ 100 \% \end{array}$ | - | - | - | - |
| Satisfied | $\begin{aligned} & 270 \\ & 34 \% \end{aligned}$ | - | $\begin{array}{r} 270 \\ 100 \% \end{array}$ | - | - | - |
| Dissatisfied | $\begin{aligned} & 74 \\ & 9 \% \end{aligned}$ | - | - | $\begin{array}{r} 74 \\ 100 \% \end{array}$ | - | - |
| Very dissatisfied | $\begin{aligned} & 25 \\ & 3 \% \end{aligned}$ | - | - | - | $\begin{array}{r} 25 \\ 100 \% \end{array}$ | - |
| Don't know/Refused | 9 $1 \%$ | - | - | - | - - | 9 $100 \%$ |
| TOP 2 | $\begin{aligned} & 692 \\ & 86 \% \end{aligned}$ | $\begin{array}{r} 422 \\ 100 \% \end{array}$ | $\begin{array}{r} 270 \\ 100 \% \end{array}$ | - | - | - |
| BOTTOM 2 | $\begin{array}{r} 99 \\ 12 \% \end{array}$ | - | - | $\begin{array}{r} 74 \\ 100 \% \end{array}$ | $\begin{array}{r} 25 \\ 100 \% \end{array}$ | - |
| CHI-SQUARE SIGNIFICANCE |  | <------------- | ---- |  |  | ------> |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB4 Page 5
4. Did you need to be referred externally?

Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Yes | 179 | 97 | 53 | 24 | 3 | 2 |
|  | 22\% | 23\% | 20\% | 32\% | 12\% | 22\% |
| No | 601 | 314 | 211 | 48 | 22 | 6 |
|  | 75\% | 74\% | 78\% | 65\% | 88\% | 67\% |
|  |  |  | D |  | BD |  |
| Don't know/Refused | 20 | 11 | 6 | 2 | - | 1 |
|  | 2\% | 3\% | 2\% | 3\% |  | 11\% |
| CHI-SQUARE SIGNIFICANCE |  | <----------- |  | $\underset{80 \%^{*}}{---10.969--.}$ |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB4A Page 6

4a. How satisfied were you with your EAP counsellor's ability to refer you to additional services outside of the EAP? Banner 1

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 179 | 97 | 53 | 24 | 3 | 2 |
| Very satisfied | 73 | 61 | 10 | \% | - | 1 |
|  | 41\% | ${ }_{\text {c }}^{63 \%}$ | 19\% ${ }_{\text {D }}$ | 4\% |  | 50\% |
| Satisfied | 63 | 22 | 32 | 8 | - | 1 |
|  | 35\% | 23\% | 60\% | 33\% |  | 50\% |
|  |  |  | BD |  |  |  |
| Dissatisfied | 22 | 8 | 5 | 8 | 1 | - |
|  | 12\% | 8\% | 9\% | 33\% | 33\% |  |
|  |  |  |  | BC |  |  |
| Very dissatisfied | 4 | - | 2 | 1 | 1 | - |
|  | 2\% |  | 4\% | 4\% | 33\% |  |
| NA | 13 | 5 | 3 | 4 | 1 | - |
|  | 7\% | 5\% | 6\% | 17\% | 33\% |  |
| Don't know/Refused | 4 | 1 | 1 | 2 | - | - |
|  | 2\% | 1\% | 2\% | 8\% |  |  |
| TOP 2 | 136 | 83 | 42 | 9 | - | 2 |
|  | 76\% | 86\% | 79\% | 38\% |  | 100\% |
|  |  | D | D |  |  | BCD |
| вотtom 2 | 26 | 8 | 7 | 9 | 2 | - |
|  | 15\% | 8\% | 13\% | 38\% | 67\% |  |
|  |  |  |  | вC | B |  |
| CHI-SQUARE |  |  |  |  |  |  |
| SIGNIFICANCE |  |  |  |  |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB5 Page 7
5. Overall, how satisfied are you with the quality of services you've received?

Banner 1

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Very satisfied | $\begin{aligned} & 413 \\ & 52 \% \end{aligned}$ | $\begin{aligned} & 347 \\ & 82 \% \\ & \text { CDF } \end{aligned}$ | 61 23\% D | 3 $4 \%$ | - | 22\% |
| Satisfied | $\begin{aligned} & 289 \\ & 36 \% \end{aligned}$ | 67 $16 \%$ | $\begin{array}{r} 180 \\ 67 \% \\ \text { BDEF } \end{array}$ | 35 $47 \%$ BE | 4 $16 \%$ | 3 $33 \%$ |
| Dissatisfied | 74 $9 \%$ | 7 $2 \%$ | 23 $9 \%$ B | 32 $43 \%$ BC | $\begin{array}{r} 10 \\ 40 \% \\ \text { BC } \end{array}$ | 22\% |
| Very dissatisfied | 21 $3 \%$ | *\% | 6 $2 \%$ B | 2 $3 \%$ | $\begin{array}{r} 11 \\ 44 \% \\ \text { BCDF } \end{array}$ | r 1 |
| Don't know/Refused | *\% ${ }_{\text {\% }}$ | - | - | 2 $3 \%$ | - | r 1 |
| TOP 2 | $\begin{gathered} 702 \\ 88 \% \end{gathered}$ | $\begin{gathered} 414 \\ 98 \% \\ \text { CDEF } \end{gathered}$ | 241 89\% DEF | 38 $51 \%$ E | 4 $16 \%$ | 5 $56 \%$ E |
| вотtom 2 | $\begin{array}{r} 95 \\ 12 \% \end{array}$ | 8 $2 \%$ | 29 $11 \%$ B | 34 $46 \%$ BC | $\begin{array}{r} 21 \\ 84 \% \\ \text { BCDF } \end{array}$ | 3 $33 \%$ B |
| CHI-SQUARE SIGNIFICANCE |  | <------------- | ---------- | $\underset{100 \%^{*}}{----909.077}$ |  | --> |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

6. How satisfied are you with how our EAP has met your needs?

Banner 1

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Very satisfied | 382 | 306 | 66 | 6 | 1 | 3 |
|  | 48\% | 73\% | 24\% | 8\% | 4\% | 33\% |
|  |  | CDEF | DE |  |  |  |
| Satisfied | 298 | 99 | 160 | 28 | 9 | 2 |
|  | 37\% | 23\% | 59\% | 38\% | 36\% | 22\% |
|  |  |  | BDEF | B |  |  |
| Dissatisfied | 102 | 16 | 39 | 35 | 10 | 2 |
|  | 13\% | 4\% | 14\% | 47\% | 40\% | 22\% |
|  |  |  | B | BC | BC |  |
| Very dissatisfied | 16 | 1 | 4 | 4 | 5 | 2 |
|  | 2\% | *\% | 1\% | 5\% | 20\% | 22\% |
|  |  |  |  |  | BC |  |
| Don't know/Refused | 2 | - | 1 | 1 | - | - |
|  | *\% |  | *\% | 1\% |  |  |
| TOP 2 | 680 | 405 | 226 | 34 | 10 | \% |
|  | 85\% | 96\% | 84\% | 46\% | 40\% | 56\% |
|  |  | CDEF | DE |  |  |  |
| воттом 2 | 118 | 17 | 43 | 39 | 15 | 4 |
|  | 15\% | 4\% | 16\% | 53\% | 60\% | 44\% |
|  |  |  | B | BC | BC | B |
| CHI-SQUARE SIGNIFICANCE |  | ${ }_{\text {- }}^{\text {- }}$ 100\% ${ }^{\text {a }}$ * |  |  |  |  |
|  |  |  |  |  |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB7 Page 9
7. How satisfied are you with the help you received in dealing with your concerns?

Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Very satisfied | $\begin{aligned} & 340 \\ & 42 \% \end{aligned}$ | $\begin{gathered} 298 \\ 71 \% \\ \text { CF } \end{gathered}$ | $\begin{array}{r} 40 \\ 15 \% \end{array}$ | - | - | 2 $22 \%$ |
| Satisfied | $\begin{aligned} & 323 \\ & 40 \% \end{aligned}$ | $\begin{gathered} 115 \\ 27 \% \\ \mathbf{E} \end{gathered}$ | $\begin{array}{r} 184 \\ 68 \% \\ \text { BDEF } \end{array}$ | $\begin{array}{r} 21 \\ 28 \% \\ E \end{array}$ | 2\% | 1 $11 \%$ |
| Dissatisfied | 103 $13 \%$ | 6 $1 \%$ | $\begin{array}{r} 40 \\ 15 \% \\ \text { B } \end{array}$ | $\begin{gathered} 45 \\ 61 \% \\ \text { BCF } \end{gathered}$ | $\begin{gathered} 11 \\ 44 \% \\ \text { BCF } \end{gathered}$ | 1 $11 \%$ |
| Very dissatisfied | 27 $3 \%$ | 3 $1 \%$ | 4\% | 7 $9 \%$ BC | $\begin{array}{r} 12 \\ 48 \% \\ \text { BCDF } \end{array}$ | 1 $11 \%$ |
| Don't know/Refused | 7 $1 \%$ | - | 2 $1 \%$ | 1 $1 \%$ | - | 4 $44 \%$ CD |
| TOP 2 | $\begin{aligned} & 663 \\ & 83 \% \end{aligned}$ | $\begin{gathered} 413 \\ 98 \% \\ \text { CDEF } \end{gathered}$ | 224 $83 \%$ DEF | 21 $28 \%$ E | 8\% | 3 $33 \%$ |
| вотtom 2 | $\begin{aligned} & 130 \\ & 16 \% \end{aligned}$ | $\begin{gathered} 9 \\ 2 \% \end{gathered}$ | $\begin{array}{r} 44 \\ 16 \% \\ \text { B } \end{array}$ | $\begin{gathered} 52 \\ 70 \% \\ \text { BCF } \end{gathered}$ | $\begin{array}{r} 23 \\ 92 \% \\ \text { BCDF } \end{array}$ | 22\% |
| CHI-SQUARE SIGNIFICANCE |  | <-------------- | ------------ | $\underset{100 \%^{*}}{---13-.}$ |  | --> |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB8A Page 10

Ba. Did your EAP counsellor: provide you with general information regarding the EAP services?
Banner 1


Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB8B Page 11

8b. Did $y$ your EAP counsellor: provide you with information regarding the confidentiality of our EAP services?
Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Yes | 753 | 402 | 260 | 66 | 19 | 6 |
|  | 94\% | 95\% | 96\% | 89\% | 76\% | 67\% |
| No | 26 | 9 | 4 | 6 | 5 | 2 |
|  | 3\% | 2\% | 1\% | 8\% | 20\% | 22\% |
|  |  |  |  | c | BC |  |
| Uncertain | 21 | 11 | 6 | 2 | 1 | 1 |
|  | 3\% | 3\% | 2\% | 3\% | 4\% | 11\% |
| Chi-square |  | ------------- | ----------- | --45.939-- |  | --> |
| SIGNIFICANCE |  |  |  | 100\%* |  |  |

enotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB8C Page 12

8c. Did your EAP counsellor: inform you about what to do with any problems or concerns you have regarding the EAP services you received?
Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Yes | 487 | 288 | 156 | 30 | 8 | 5 |
|  | 61\% | 68\% | 58\% | 41\% | 32\% | 56\% |
| No | 197 | 70 | 75 | 37 | 13 | 2 |
|  | 25\% | 17\% | 28\% | 50\% | 52\% | 22\% |
|  |  |  | B | BC | BC |  |
| Uncertain | 116 | 64 | 39 | 7 | 4 | 2 |
|  | 14\% | 15\% | 14\% | 9\% | 16\% | 22\% |
| CHI-SQUARE SIGNIFICANCE |  | <--- |  | $\begin{aligned} & ---53.659-. \\ & 100 \% \end{aligned}$ |  | -> |

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB8D Page 13

8d. Did your EAP counsellor: provide you with a voluntary confidential survey to assess the EAP services with pre-paid postage envelope? Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Yes | 328 | 186 | 109 | 25 | 7 | 1 |
|  | 41\% | 44\% | 40\% | 34\% | 28\% | 11\% |
| No | 406 | 188 | 151 | 43 | 17 | 7 |
|  | 51\% | 45\% | 56\% | 58\% | 68\% | 78\% |
|  |  |  | B | B | B | B |
| Uncertain | 66 | 48 | 10 | 6 | 1 | 1 |
|  | 8\% | 11\% | 4\% | 8\% | 4\% | 11\% |
| CHI-SQUARE |  |  | -------- | ---25.5- |  | --> |
| SIGNIFICANCE |  |  |  | 100\%* |  |  |

enotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB8E Page 14

Be. Did your EAP counsellor: provide you with a telephone follow-up within 2 weeks of your last counselling session?
Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Yes | 289 | 178 | 88 | 19 | 2 | 2 |
|  | 36\% | 42\% | 33\% | 26\% | 8\% | 22\% |
|  |  | CDE | E | E |  |  |
| No | 472 | 220 | 171 | 53 | 22 | 6 |
|  | 59\% | 52\% | 63\% | 72\% | 88\% | 67\% |
|  |  |  | B | B | BCD |  |
|  | 14 | 13 | 1 | - | - | - |
| and it has not yet been | 2\% | 3\% | *\% |  |  |  |
| two weeks |  | c |  |  |  |  |
| I declined a follow-up | 25 | 11 | 10 | 2 | 1 | 1 |
| to be conducted | 3\% | 3\% | 4\% | 3\% | 4\% | 11\% |
| CHI-SQUARE SIGNIFICANCE |  | ----------- |  |  |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

## 9. If you were to seek help again, would you contact our EAP?

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Yes | 720 | 406 | 242 | 53 | 12 | 7 |
|  | 90\% | 96\% | 90\% | 72\% | 48\% | 78\% |
|  |  | CDE | DE | E |  |  |
| Uncertain | 13 | 5 | 1 | 6 | 1 | - |
|  | 2\% | 1\% | *\% | 8\% | 4\% |  |
|  |  |  |  | вС |  |  |
| I would go elsewhere to seek help | 16 | 1 | 7 | 4 | 3 | 1 |
|  | 2\% | *\% | 3\% | 5\% | 12\% | 11\% |
| Counsellor was not | 10 | - | 4 | 4 | 2 | - |
| helpful | 1\% |  | 1\% | 5\% | 8\% |  |
| Dissatisfied with counsellor | 30 | 2 | 12 | 8 | 8 | - |
|  | 4\% | *\% | 4\% | 11\% | 32\% |  |
|  |  |  | B | B | BCD |  |
| I have retired | 2 | 2 | - | - | - | - |
|  | *\% | *\% |  |  |  |  |
| Limited number of sessions | 12 | 4 | 6 | 2 | - | - |
|  | 2\% | 1\% | 2\% | 3\% |  |  |
| No follow-up | 5 | - | 2 | 1 | 1 | 1 |
|  | 1\% |  | 1\% | 1\% | 4\% | 11\% |
| I am no longer eligible/ employed | 7 | 4 | 1 | 1 | 1 | - |
|  | 1\% | 1\% | *\% | 1\% | 4\% |  |
| other | 7 | - | 4 | 1 | 2 | - |
|  | 1\% |  | 1\% | 1\% | 8\% |  |
| CHI-SQUARE SIGNIFICANCE |  | ----------- | ------ | -196.187-- |  |  |
|  |  |  |  | 100\%* |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QB10 Page 16
10. If you thought someone else was in need of EAP services, would you recommend our EAP?
Banner 1


Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

```
1. I will list a series of reasons, please indicate the main reason for ending your EAP counselling
anner 1
```



## Employee Assistance Services Bureau - Client Telephone Interview 2017

$\underset{\substack{\text { Table QC1 Page } \\ \text { (Continued) }}}{ } 18$

1. I will list a series of reasons, please indicate the main reason for ending your EAP counselling

Banner 1

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) |  |
| Don't know / NA / | 1 | - | 1 | - | - |  |
| Refused | *\% |  | *\% |  |  |  |
| CHI-SQUARE SIGNIFICANCE |  |  |  | -381.183- |  |  |
| SIgNificance |  |  |  | 100\%* |  |  |

enotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QD1 Page 19

Did the EAP services you received make a difference in that aspect of your life? Banner 1

enotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QD2 Page 20

Sometimes counselling has an impact on other areas of our lives than the issue we were initially addressing. Did you notice an impact on other areas of your life?
Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Yes | 415 | 277 | 114 | 16 | 5 | 3 |
|  | 52\% | CDEF | 42\% ${ }_{\text {DE }}$ | 22\% | 20\% | 33\% |
| No | 373 | 140 | 152 | 58 | 20 | 3 |
|  | 47\% | 33\% | 56\% | 78\% | 80\% | 33\% |
|  |  |  | B | BCF | BCF |  |
| Don't know/Refused | 12 | 5 | 4 | - | - | 3 |
|  | 2\% | 1\% | 1\% |  |  | 33\% |
| Chi-square |  | <-------------- | ------------ | -145.484-- |  | --> |
| SIGNIFICANCE |  |  |  | 100\%* |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

In which other area of your life did you notice the most impact Banner 1


Denot Chi-Square where least one cell ha expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE1A Page 22
1.a In the 30 days prior to contacting EAP, how often did emotional problems (such as feeling depressed or anxious) limit your concentration
performance and the kind or amount of work you could do? Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| none of the time | 57 | 27 | 23 | 5 | 1 | 1 |
|  | 7\% | 6\% | 9\% | 7\% | 4\% | 11\% |
| a little of the time | 95 | 44 | 41 | , | 1 | - |
|  | 12\% | 10\% | 15\% | 12\% | 4\% |  |
| some of the time | 225 | 112 | 74 | 23 | 11 | 5 |
|  | 28\% | 27\% | 27\% | 31\% | 44\% | 56\% |
| most of the time | 290 | 154 | 98 | 26 | 9 | 3 |
|  | 36\% | 36\% | 36\% | 35\% | 36\% | 33\% |
| all of the time | 126 | 80 | 32 | 11 | 3 | - |
|  | 16\% | 19\% | 12\% | 15\% | 12\% |  |
| Don't know/Refused | 7 | 5 | 2 | - | - | - |
|  | 1\% | 1\% | 1\% |  |  |  |
| Chi-square |  | <--------------- | --------- | --21.083- |  |  |
| SIGNIFICANCE |  |  |  | 61\%* |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than 1
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE1B Page 23
1.b And 30 days after the last session? Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| none of the time | $\begin{aligned} & 124 \\ & 16 \% \end{aligned}$ | $\begin{array}{r} 76 \\ 18 \% \\ \text { D } \end{array}$ | 40 $15 \%$ | 7 $9 \%$ | - | 1 $11 \%$ |
| a little of the time | $\begin{aligned} & 295 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 187 \\ & 44 \% \\ & \text { CD } \end{aligned}$ | $\begin{array}{r} 94 \\ 35 \% \\ \mathrm{D} \end{array}$ | 12 | - | 22\% |
| some of the time | $\begin{aligned} & 239 \\ & 30 \% \end{aligned}$ | 102 $24 \%$ | 89 33\% B | 33 $45 \%$ B | $\begin{array}{r} 13 \\ 52 \% \\ B \end{array}$ | 22\% |
| most of the time | $\begin{array}{r} 87 \\ 11 \% \end{array}$ | 35 $8 \%$ | 27 $10 \%$ | 16 $22 \%$ BC | $\begin{array}{r} 9 \\ 36 \% \\ \text { BC } \end{array}$ | - |
| all of the time | $\begin{aligned} & 36 \\ & 4 \% \end{aligned}$ | 12 | 16 | 8\% | 8\% | - |
| Don't know/Refused | $\begin{aligned} & 19 \\ & 2 \% \end{aligned}$ | 10 $2 \%$ | 4 $1 \%$ | - | 1 $4 \%$ | 4 $44 \%$ BCE |
| CHI-SQUARE SIGNIFICANCE |  | <------------ |  |  |  | -------> |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE2A Page 24
2.a In the 30 days prior to contacting EAP, how much difficulty did you have doing your work or other regular daily activities as a result of your physical health?
Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| not at all | 317 | 168 | 106 | 31 | 10 | 2 |
|  | 40\% | 40\% | 39\% | 42\% | 40\% | 22\% |
| a little bit | 173 | 91 | 59 | 13 | 8 | 2 |
|  | 22\% | 22\% | 22\% | 18\% | 32\% | 22\% |
| moderately | 147 | 75 | 49 | 15 | 4 | 4 |
|  | 18\% | 18\% | 18\% | 20\% | 16\% | 44\% |
| quite a bit | 126 | 69 | 44 | 9 | 3 | 1 |
|  | 16\% | 16\% | 16\% | 12\% | 12\% | 11\% |
| Could not do daily work | 32 | 15 | 11 | 6 | - | - |
|  | 4\% | 4\% | 4\% | 8\% |  |  |
| Don't know/Refused | 5 | 4 | 1 | - | - | - |
|  | 1\% | 1\% | *\% |  |  |  |
| CHI-SQUARE |  |  |  |  |  |  |
| SIGNIFICANCE |  |  |  |  |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE2B Page 25
2.b And 30 days after the last session? anner 1

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| not at all | 418 | 242 | 135 | 31 | 9 | 1 |
|  | 52\% | 57\% | 50\% | 42\% | 36\% | 11\% |
| a little bit | 207 | 108 | 71 | 17 | 8 | 3 |
|  | 26\% | 26\% | 26\% | 23\% | 32\% | 33\% |
| moderately | 96 | 37 | 37 | 16 | 5 | 1 |
|  | 12\% | 9\% | $\begin{array}{r} 14 \% \\ \text { B } \end{array}$ | 22\% | 20\% | 11\% |
| quite a bit | 30 | 11 | 12 | 5 | 2 | - |
|  | 4\% | 3\% | 4\% | 7\% | 8\% |  |
| Could not do daily work | 26 | 12 | 9 | 5 | - | - |
|  | 3\% | 3\% | 3\% | 7\% |  |  |
| Don't know/Refused | 23 | 12 | 6 | - | 1 | 4 |
|  | 3\% | 3\% | 2\% |  | 4\% | 44\% |
| CHI-SQUARE |  | <--------------- | ------------ | ---86.264-- | ------------- | --> |
| SIGNIFICANCE |  |  |  | 100\%* |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE3A Page 26
3.a In the 30 days prior to contacting EAP, to what extent had your problems (whether physical or emotional) interfered with your normal social

Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| not at all | 100 | 52 | 36 | 8 | 3 | 1 |
|  | 12\% | 12\% | 13\% | 11\% | 12\% | 11\% |
| slightly | 169 | 80 | 64 | 17 | 8 | - |
|  | 21\% | 19\% | 24\% | 23\% | 32\% |  |
| moderately | 219 | 121 | 74 | 15 | 4 | 5 |
|  | 27\% | 29\% | 27\% | 20\% | 16\% | 56\% |
|  |  |  |  |  |  | DE |
| quite a bit | 209 | 105 | 73 | 21 | 7 | 3 |
|  | 26\% | 25\% | 27\% | 28\% | 28\% | 33\% |
| extremely | 99 | 61 | 22 | 13 | 3 | - |
|  | 12\% | 14\% | 8\% | 18\% | 12\% |  |
|  |  | c |  | c |  |  |
| Don't know/Refused | 4 | 3 | 1 | - | - | - |
|  | *\% | 1\% | *\% |  |  |  |
| CHI-SQUARE |  |  |  |  |  |  |
| SIGNIFICANCE |  |  |  |  |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE3B Page 27
3.b And 30 days after the last session? Banner 1

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| not at all | 223 | 141 | 69 | 9 | 2 | 2 |
|  | 28\% | 33\% | 26\% | 12\% | 8\% | 22\% |
|  |  | CDE | DE |  |  |  |
| slightly | 309 | 174 | 99 | 26 | , | 1 |
|  | 39\% | 41\% | 37\% | 35\% | 36\% | 11\% |
|  |  | F | F | F |  |  |
| moderately | 165 | 75 | 65 | 18 | 7 | - |
|  | 21\% | 18\% | 24\% | 24\% | 28\% |  |
| quite a bit | 64 | 19 | 25 | 13 | 5 | 2 |
|  | 8\% | 5\% | 9\% | 18\% | 20\% | 22\% |
|  |  |  | B | B |  |  |
| extremely | 26 | 8 | 9 | 8 | 1 | - |
|  | 3\% | 2\% | 3\% | 11\% | 4\% |  |
| Don't know/Refused | 13 | 5 | 3 | - | 1 |  |
|  | 2\% | 1\% | 1\% | - | 4\% | 44\% |
|  |  |  |  |  |  | BCE |
| CHI-SQUARE SIGNIFICANCE |  | ------------ |  |  |  | --> |
| SIGNIFICANCE |  |  |  | 100\%* |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE4A Page 28
4.a In the 30 days prior to contacting EAP, how would you say your overall health was on a scale of 1-5, where 1 is excellent and 5 is poor?

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Excellent | 76 $10 \%$ | 36 $9 \%$ | 28 $10 \%$ | 9 | \% | 2 |
|  | 10\% | 9\% | 10\% | 12\% | 4\% | 2\% |
| Very good | $\begin{aligned} & 156 \\ & 20 \% \end{aligned}$ | 72 $17 \%$ | 61 $23 \%$ | 15 $20 \%$ | 8 $32 \%$ | - |
| Good | $\begin{aligned} & 278 \\ & 35 \% \end{aligned}$ | 141 31 | 103 $38 \%$ | 21 $28 \%$ | - 36 | 4 $44 \%$ |
| Fair | 197\% | $\begin{gathered} 114 \\ 27 \% \\ c \end{gathered}$ | 55 $20 \%$ | 18 $24 \%$ | 28\% | 3 $33 \%$ |
| Poor | 89 $11 \%$ | $\begin{array}{r} 56 \\ 13 \% \\ \text { C } \end{array}$ | 22 $8 \%$ | 11 $15 \%$ | - | - |
| Don't know/Refused | *\% | $\begin{array}{r} 3 \\ 1 \% \end{array}$ | *\% | - | - | - |
| CHI-SQUARE SIGNIFICANCE |  | <--------------- |  |  |  | --------> |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Excellent | 134 | 80 | 43 | 9 | 1 | 1 |
|  | 17\% | 19\% | 16\% | 12\% | 4\% | 11\% |
| Very good | 316 | 186 | 102 | 19 | 8 | 1 |
|  | 40\% | 44\% | 38\% | 26\% | 32\% | 11\% |
|  |  | DF | DF |  |  |  |
| Good | 193 | 85 | 73 | 22 | 12 | 1 |
|  | 24\% | 20\% | 27\% | 30\% | 48\% | 11\% |
|  |  |  | B |  | BCF |  |
| Fair | 116 | 53 | 40 | 19 | 2 | 2 |
|  | 14\% | 13\% | 15\% | 26\% | 8\% | 22\% |
|  |  |  |  | BCE |  |  |
| Poor | 28 | 13 | 9 | 5 | 1 | - |
|  | 4\% | 3\% | 3\% | 7\% | 4\% |  |
| Don't know/Refused | 13 | 5 | 3 | - | 1 | 4 |
|  | 2\% | 1\% | 1\% |  | 4\% | 44\% |
| CHI-SQUARE |  |  |  |  |  |  |
| SIGNIFICANCE |  |  |  | ${ }_{\text {100\%* }}$ | ------------- |  |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE5A Page 30

## 5.a In the 30 days prior to contacting EAP, how many days did you miss an entire day of work because of your physical, personal or mental health roblems (average number of days)?

Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| 0-3 days | 602 | 319 | 207 | 50 | 20 | 6 |
|  | 75\% | 76\% | 77\% | 68\% | 80\% | 67\% |
| 4-6 days | 88 | 49 | 25 | 10 | 3 | 1 |
|  | 11\% | 12\% | 9\% | 14\% | 12\% | 11\% |
| 7-10 days | 31 | 17 | 7 | 7 | - | - |
|  | 4\% | 4\% | 3\% | 9\% |  |  |
| more than 10 days | 40 | 20 | 17 | 3 | - | - |
|  | 5\% | 5\% | 6\% | 4\% |  |  |
| Don't know/Refused | 39 | 17 | 14 | 4 | 2 | 2 |
|  | 5\% | 4\% | 5\% | 5\% | 8\% | 22\% |
| CHI-SQUARE SIGNIFICANCE |  | <-.-.-.-.- |  | $-20.172-$ |  |  |
| SIGNIFICANCE |  |  |  |  |  |  |

enotes Chi-Square where at least one cell has an expected value of less than
r more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE5B Page 31
5.b. And 30 days after the last session?

Banner 1

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| 0-3 days | 662 | 355 | 229 | 52 | 20 | 6 |
|  | 83\% | 84\% | 85\% | 70\% | 80\% | 67\% |
| 4-6 days | 24 | 9 | 8 | 5 | 2 | - |
|  | 3\% | 2\% | 3\% | 7\% | 8\% |  |
| 7-10 days | 11 | 4 | 2 | 4 | 1 | - |
|  | 1\% | 1\% | 1\% | 5\% | 4\% |  |
| more than 10 days | 55 | 31 | 14 | 10 | - | - |
|  | 7\% | 7\% | 5\% | 14\% |  |  |
| Don't know/Refused | 48 | 23 | 17 | 3 | 2 | 3 |
|  | 6\% | 5\% | 6\% | 4\% | 8\% | 33\% |
| Chi-square |  | ------------ |  | --40.726-- |  | --> |
| SIGNIFICANCE |  |  |  | 100\%* |  |  |

enotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE6A1 Page 32
6.1. Please indicate the degree to which you agree with each of the statements for the 30 days PRIOR to accessing the EAP: I felt stimulated by my
work. work.


Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE6B1 Page 33
6.1. Please indicate the degree to which you agree with each of the statements for the $\mathbf{3 0}$ days AFTER the last session: I felt stimulated by my work.

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Ve============ | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Strongly Disagree | 46 $6 \%$ | $\begin{aligned} & 24 \\ & 6 \% \end{aligned}$ | 15 $6 \%$ | 6 $8 \%$ | 1 $4 \%$ | - |
| Somewhat Disagree | $\begin{array}{r} 92 \\ 12 \% \end{array}$ | $\begin{aligned} & 39 \\ & 09 \end{aligned}$ | 28 $10 \%$ | $\begin{gathered} 20 \\ 27 \% \\ \text { BC } \end{gathered}$ | 12\% | 22\% |
| Neutral | $\begin{aligned} & 192 \\ & 24 \% \end{aligned}$ | $\begin{array}{r} 85 \\ 20 \% \end{array}$ | $\begin{array}{r} 75 \\ 28 \% \\ \text { B } \end{array}$ | $\begin{array}{r} 25 \\ 34 \% \\ B \end{array}$ | 88\% | - |
| Somewhat Agree | $\begin{aligned} & 238 \\ & 30 \% \end{aligned}$ | $\begin{array}{r} 137 \\ 32 \% \\ \mathrm{D} \end{array}$ | $\begin{array}{r} 85 \\ 31 \% \\ \mathrm{D} \end{array}$ | 6 $8 \%$ | 7 $28 \%$ D | 3 $33 \%$ |
| Strongly Agree | $\begin{aligned} & 183 \\ & 23 \% \end{aligned}$ | $\begin{gathered} 110 \\ 26 \% \\ c \end{gathered}$ | $\begin{array}{r} 53 \\ 20 \% \end{array}$ | $\begin{array}{r} 15 \\ 20 \% \end{array}$ | 5 $20 \%$ | - |
| Don't know/Refused | 49 $6 \%$ | $\begin{aligned} & 27 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 5 \% \end{aligned}$ | 3\% | 8\% | 4 $44 \%$ BCDE |
| CHI-SQUARE SIGNIFICANCE |  | <-------------- |  |  |  | --------> |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE6A2 Page 34

```
6.2. Please indicate the degree t
work on my way to the work site
```

Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Strongly Disagree | 62 | 44 | 11 | 4 | 3 | - |
|  | 8\% | $\begin{gathered} 10 \% \\ \text { c } \end{gathered}$ | 4\% | 5\% | 12\% |  |
| Somewhat Disagree | 63 | 42 | 19 | 2 | - | - |
|  | 8\% | $\begin{array}{r} 10 \% \\ \mathrm{D} \end{array}$ | 7\% | 3\% |  |  |
| Neutral | 99 | 37 | 44 | 13 | 4 | 1 |
|  | 12\% | 9\% | 16\% ${ }_{\text {B }}$ | 18\% | 16\% | 11\% |
| Somewhat Agree | 195 | 88 | 76 | 22 | 6 | 3 |
|  | 24\% | 21\% | 28\% | 30\% | 24\% | 33\% |
| Strongly Agree | 343 | 194 | 104 | 30 | 12 | 3 |
|  | 43\% | 46\% | 39\% | 41\% | 48\% | 33\% |
| Don't know/Refused | 38 | 17 | 16 | 3 | - | 2 |
|  | 5\% | 4\% | 6\% | 4\% |  | 22\% |
| CHI-SQUARE |  | <-------------- | -- | ---43.606-- |  | --> |
| SIGNIFICANCE |  |  |  | 100\%* |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE6B2 Page 35

### 6.2. Please indicate the degree to which you agree with each of the statements for the 30 days AFTER the last session: I often thought about work on Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Strongly Disagree | $\begin{aligned} & 67 \\ & 8 \% \end{aligned}$ | 42 $10 \%$ | 6\% | 5 $7 \%$ | r ${ }^{3}$ | - |
| Somewhat Disagree | 66 $8 \%$ | $\begin{array}{r} 46 \\ 11 \% \\ c \end{array}$ | 16 | 4 $5 \%$ | - | - |
| Neutral | $\begin{aligned} & 137 \\ & 17 \% \end{aligned}$ | 63 $15 \%$ | 52 $19 \%$ | 16 $22 \%$ | 20\% | 11\% |
| Somewhat Agree | $\begin{aligned} & 238 \\ & 30 \% \end{aligned}$ | $\begin{gathered} 118 \\ 28 \% \end{gathered}$ | 89 $33 \%$ F | 23 $31 \%$ | $\begin{array}{r} 78 \\ \hline \end{array}$ | r 11 |
| Strongly Agree | $\begin{aligned} & 238 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 126 \\ & 30 \% \end{aligned}$ | 75 $\mathbf{2 8 \%}$ | 24 $32 \%$ | $\begin{array}{r} 10 \\ 40 \% \end{array}$ | 3 $33 \%$ |
| Don't know/Refused | $\begin{aligned} & 54 \\ & 7 \% \end{aligned}$ | 27 | 21 $8 \%$ D | 3\% | - | $\begin{array}{r} 4 \\ 44 \% \\ \mathbf{B C D} \end{array}$ |
| CHI-SQUARE SIGNIFICANCE |  | --- | ------------ | $\begin{gathered} --42.902--- \\ 100 \%^{*} \end{gathered}$ | ---------- | ---> |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE6A3 Page 36

```
6.3. Please indicate the degree to which you agree with each of the statements for the 30 days PRIOR to accessing the EAP: I felt passionate about
my job.
```

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Strongly Disagree | $\begin{aligned} & 132 \\ & 16 \% \end{aligned}$ | $\begin{array}{r} 82 \\ 19 \% \\ c \end{array}$ | $\begin{array}{r} 35 \\ 13 \% \end{array}$ | 11 $15 \%$ | r ${ }^{3}$ | r 1 |
| Somewhat Disagree | $\begin{aligned} & 113 \\ & 14 \% \end{aligned}$ | 59 $14 \%$ | $\begin{array}{r} 37 \\ 14 \% \end{array}$ | 11 $15 \%$ | 2 $8 \%$ | $\begin{array}{r} 4 \\ 44 \% \\ E \end{array}$ |
| Neutral | $\begin{aligned} & 159 \\ & 20 \% \end{aligned}$ | 71 $17 \%$ | $\begin{array}{r} 63 \\ 23 \% \\ B \end{array}$ | 17\% | r ${ }^{7}$ | r 11 |
| Somewhat Agree | $\begin{gathered} 176 \\ 22 \% \end{gathered}$ | 86 $20 \%$ | $\begin{array}{r} 69 \\ 26 \% \end{array}$ | 12\% | 9 $36 \%$ | - |
| Strongly Agree | $\begin{aligned} & 192 \\ & 24 \% \end{aligned}$ | $\begin{gathered} 107 \\ 25 \% \end{gathered}$ | $\begin{array}{r} 57 \\ 21 \% \end{array}$ | 22 $30 \%$ | $\begin{array}{r} 4 \\ 16 \% \end{array}$ | 22\% |
| Don't know/Refused | $\begin{aligned} & 28 \\ & 4 \% \end{aligned}$ | 17 $4 \%$ | $\begin{array}{r} 9 \\ 3 \% \end{array}$ | 1 $1 \%$ | - | 11\% |
| CHI-SQUARE SIGNIFICANCE |  | --- | ----------- | $\underset{94 \%^{*}}{--e^{-30.595---} .}$ | ----------- | ---> |

Denotes Chi-Square where at least one cell has an expected value of less than 1
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE6B3 Page 37

```
6.3. Please indicate the degree to which you agree with each of the statements for the 30 days AFTER the last session: I felt passionate about my
job.
```

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Strongly Disagree | 68 | 36 | 21 | 9 | 2 | - |
|  | 8\% | 9\% | 8\% | 12\% | 8\% |  |
| Somewhat Disagree | 85 | 37 | 32 | 12 | 2 | 2 |
|  | 11\% | 9\% | 12\% | 16\% | 8\% | 22\% |
| Neutral | 170 | 81 | 63 | 21 | 4 | 1 |
|  | 21\% | 19\% | 23\% | 28\% | 16\% | 11\% |
| Somewhat Agree | 222 | 118 | 77 | 13 | 12 | 2 |
|  | 28\% | 28\% | 29\% | 18\% | 48\% | 22\% |
| Strongly Agree | 216 | 129 | 65 | 18 | 4 | - |
|  | 27\% | 31\% | 24\% | 24\% | 16\% |  |
| Don't know/Refused | 39 | 21 | 12 | 1 | 1 | 4 |
|  | 5\% | 5\% | 4\% | 1\% | 4\% | 44\% |
|  |  | D |  |  |  | BCDE |
| CHI-SQUARE |  | <------------ | ----- | --55.414- |  | --> |
| SIGNIFICANCE |  |  |  | 100\%* |  |  |

enotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE6A4 Page 38

```
6.4. Please indicate the degree to which you agree with each of the statements for the 30 days PRIOR to accessing the EAP: I was often eager to get
Banner 1
```



Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE6B4 Page 39

```
6.4. Please indicate the degree to which you agree with each of the statements for the 30 days AFTER the last session: I was often eager to get to
the work site to start the day.
Banner 1
```

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Strongly Disagree | $\begin{aligned} & 102 \\ & 13 \% \end{aligned}$ | $\begin{array}{r} 54 \\ 13 \% \\ E \end{array}$ | $\begin{array}{r} 32 \\ 12 \% \end{array}$ | 14 $19 \%$ E | 1 $4 \%$ | r $\begin{array}{r}1 \\ 11 \%\end{array}$ |
| Somewhat Disagree | $\begin{array}{r} 97 \\ 12 \% \end{array}$ | 38 $9 \%$ | $\begin{array}{r} 34 \\ 13 \% \end{array}$ | 18 $24 \%$ BC | 6 $24 \%$ | 1 $11 \%$ |
| Neutral | $\begin{aligned} & 192 \\ & 24 \% \end{aligned}$ | 92 $22 \%$ | $\begin{array}{r} 76 \\ 28 \% \end{array}$ | - 17 | $\begin{array}{r} 6 \\ 24 \% \end{array}$ | r 11 |
| Somewhat Agree | $\begin{aligned} & 232 \\ & 29 \% \end{aligned}$ | $\begin{array}{r} 133 \\ 32 \% \\ \mathrm{D} \end{array}$ | $\begin{array}{r} 77 \\ 29 \% \\ \mathrm{D} \end{array}$ | 12 $16 \%$ | 8 $32 \%$ | 22\% |
| Strongly Agree | $\begin{aligned} & 131 \\ & 16 \% \end{aligned}$ | $\begin{gathered} 83 \\ 20 \% \\ \text { CD } \end{gathered}$ | $\begin{array}{r} 37 \\ 14 \% \end{array}$ | 8 $11 \%$ | $\begin{array}{r} 3 \\ 12 \% \end{array}$ | - |
| Don't know/Refused | $\begin{aligned} & 46 \\ & 6 \% \end{aligned}$ | 22 $5 \%$ | $\begin{aligned} & 14 \\ & 5 \% \end{aligned}$ | 5 $7 \%$ | 1 $4 \%$ | 4 $44 \%$ BCDE |
| CHI-SQUARE SIGNIFICANCE |  | --- |  | $\underset{100 \% *}{---59.308--}$ |  | --> |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE6A5 Page 40
6.5. Please indicate the degree to which you agree with each of the statements for the 30 days PRIOR to accessing the EAP: I often found myself
thinking about my work at home.

Banner 1


Denotes Chi-Square where at least one cell has an expected value of less than
r more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE6B5 Page 41

```
6.5. Please indicate the degree to which you agree with each of the statements for the 30 days AFTER the last session: I often found myself thinking
about my work at home.
Banner 1
```



Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

### 7.1. Since the end of my EAP sessions: I tend to bounce back quickly after a hard time <br> anner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Strongly Disagree | 50 $6 \%$ | $\begin{aligned} & 12 \\ & 3 \% \end{aligned}$ | $\begin{gathered} 21 \\ 8 \% \\ 8 \\ \mathbf{B} \end{gathered}$ | $\begin{array}{r} 12 \\ 16 \% \\ \text { B } \end{array}$ | 5 $20 \%$ B | - |
| Disagree | $\begin{array}{r} 83 \\ 10 \% \end{array}$ | $\begin{aligned} & 35 \\ & 8 \% \end{aligned}$ | $\begin{gathered} 26 \\ 10 \% \end{gathered}$ | $\begin{gathered} 16 \\ 22 \% \\ \text { BC } \end{gathered}$ | r ${ }^{6}$ | - |
| Neutral | $\begin{aligned} & 194 \\ & 24 \% \end{aligned}$ | $\begin{array}{r} 83 \\ 20 \% \end{array}$ | $\begin{array}{r} 73 \\ 27 \% \\ \mathbf{B} \end{array}$ | $\begin{array}{r} 26 \\ 35 \% \\ B \end{array}$ | 36\% | 3 $33 \%$ |
| Agree | $\begin{aligned} & 295 \\ & 37 \% \end{aligned}$ | $\begin{gathered} 173 \\ 41 \% \\ \text { DE } \end{gathered}$ | $\begin{gathered} 105 \\ 39 \% \\ \text { DE } \end{gathered}$ | 13 $18 \%$ | 4 $16 \%$ | - |
| Strongly Agree | $\begin{gathered} 166 \\ 21 \% \end{gathered}$ | $\begin{aligned} & 115 \\ & 27 \% \\ & \text { CDE } \end{aligned}$ | $\begin{array}{r} 41 \\ 15 \% \\ E \end{array}$ | 7 9 | 1 $4 \%$ | 22\% |
| Don't know/Refused | 12 $2 \%$ | 4 $1 \%$ | 4 $1 \%$ | - | - | 4 $44 \%$ BC |
| ChI-SQuare SIGNIFICANCE |  | <-------------- | ----- | $\underset{100 \% *}{--204.478-\cdots}$ | ---------- | .--> |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE72 Page 43
7.2. Since the end of my EAP sessions: I have a hard time making it through stressful events.

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Strongly Disagree | 172 | 105 | 52 | 9 | 4 | 2 |
|  | 22\% | $\begin{array}{r} 25 \% \\ \mathrm{D} \end{array}$ | 19\% | 12\% | 16\% | 22\% |
| Disagree | 311 | 182 | 97 | 24 | 7 | 1 |
|  | 39\% | 43\% | 36\% | 32\% | 28\% | 11\% |
|  |  | F | F |  |  |  |
| Neutral | 157 | 66 | 64 | 17 | 9 | 1 |
|  | 20\% | 16\% | 24\% | 23\% | 36\% | 11\% |
| Agree | 105 | 43 | 44 | 14 | 3 | 1 |
|  | 13\% | 10\% | 16\% ${ }_{\text {B }}$ | 19\% | 12\% | 11\% |
| Strongly Agree | 43 | 22 | 10 | 10 | 1 | - |
|  | 5\% | 5\% | 4\% | 14\% | 4\% |  |
|  |  |  |  | BC |  |  |
| Don't know/Refused | 12 | 4 | 3 | - | 1 | 4 |
|  | 2\% | 1\% | 1\% |  | 4\% | 44\% |
| CHI-SQUARE |  |  |  |  |  |  |
| SIGNIFICANCE |  |  |  |  |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5 .

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QE73 Page 44
7.3. Since the end of my EAP sessions: It does not take me long to recover from a stressful event.
Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Strongly Disagree | 44 | 21 | 12 | , | 3 | 1 |
|  | 6\% | 5\% | 4\% | 9\% | 12\% | 1\% |
| Disagree | 114 | 50 | 38 | 20 | 6 | - |
|  | 14\% | 12\% | 14\% | 27\% ${ }_{\text {BC }}$ | 24\% |  |
| Neutral | 174 | 71 | 66 | 26 | 10 | 1 |
|  | 22\% | 17\% | 24\% | 35\% | 40\% | 11\% |
|  |  |  | B | BF | BF |  |
| Agree | 324 | 186 | 115 | 15 | 5 | 3 |
|  | 40\% | 44\% | 43\% | 20\% | 20\% | 33\% |
|  |  | DE | DE |  |  |  |
| Strongly Agree | 132 | 90 | 36 | 6 | - | - |
|  | 16\% | 21\% | 13\% | 8\% |  |  |
|  |  | CD |  |  |  |  |
| Don't know/Refused | 12 | 4 | 3 | - | 1 | 4 |
|  | 2\% | 1\% | 1\% |  | 4\% | 44\% |
|  |  |  |  |  |  | BCE |
| CHI-SQUARE |  |  |  |  |  |  |
| SIGNIFICANCE |  |  |  |  |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QG1 Page 45

1. Since the end of your EAP sessions, has there been any change with: your ability to deal with stressful circumstances?
Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| None at all | 190 | 67 | 72 | 36 | 13 | 2 |
|  | 24\% | 16\% | 27\% | 49\% | 52\% | 22\% |
| Slightly | 174 | 82 | 64 | 21 | 6 | 1 |
|  | 22\% | 19\% | 24\% | 28\% | 24\% | 11\% |
| Moderately | 221 | 126 | 83 | 8 | 3 | 1 |
|  | 28\% | 30\% | 31\% | 11\% | 12\% | 11\% |
|  |  | DE | DE |  |  |  |
| Quite a bit | 178 | 130 | 40 | 5 | 2 | 1 |
|  | 22\% | 31\% | 15\% | 7\% | 8\% | 11\% |
|  |  | CDE | D |  |  |  |
| Extremely | 23 | 14 | 7 | 2 | - | - |
|  | 3\% | 3\% | 3\% | 3\% |  |  |
| N/A | 14 | 3 | 4 | 2 | 1 | 4 |
|  | 2\% | 1\% | 1\% | 3\% | 4\% | 44\% |
|  |  | <-------------- | ----------- |  |  |  |
| SIGNIFICANCE |  | - |  | ${ }_{\text {---185.9-- }}$ |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QG2 Page 46
2. Since the end of your EAP sessions, has there been any change with: your capacity to put things into perspective?

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| None at all | 141 | 50 | 55 | 25 | 10 | 1 |
|  | 18\% | 12\% | 20\% ${ }^{\text {B }}$ | $34 \%$ BC | 40\% BF | 11\% |
| Slightly | 136 | 60 | 49 | 22 | 4 | 1 |
|  | 17\% | 14\% | 18\% | 30\% ${ }_{\text {BC }}$ | 16\% | 11\% |
| Moderately | 239 | 125 | 90 | 16 | 6 | 2 |
|  | 30\% | 30\% | 33\% ${ }_{\text {D }}$ | 22\% | 24\% | 22\% |
| Quite a bit | 216 | 149 | 57 | 6 | 3 | 1 |
|  | 27\% | 35\% | 21\% | 8\% | 12\% | 11\% |
|  |  | CDEF | D |  |  |  |
| Extremely | 51 | 33 | 14 | 3 | 1 | - |
|  | 6\% | 8\% | 5\% | 4\% | 4\% |  |
| N/A | 17 | 5 | 5 | 2 | 1 | 4 |
|  | 2\% | 1\% | 2\% | 3\% | 4\% | 44\% |
|  |  |  |  |  |  |  |
| CHI-SQUARE SIGNIFICANCE |  |  | --- |  |  | ---> |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QG4 Page 47
4. Since the end of your EAP sessions, has there been any change with: your ability to act positively when addressing difficulties?

Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| None at all | 141 | 52 | 51 | 27 | 10 | 1 |
|  | 18\% | 12\% | 19\% | 36\% | 40\% | 11\% |
|  |  |  | B | BCF | BCF |  |
| Slightly | 147 | 66 | 55 | 21 | 3 | 2 |
|  | 18\% | 16\% | 20\% | 28\% | 12\% | 22\% |
| Moderately | 209 | 103 | 80 | 17 | 9 | - |
|  | 26\% | 24\% | 30\% | 23\% | 36\% |  |
| Quite a bit | 242 | 164 | 69 | 5 | 2 | 2 |
|  | 30\% | 39\% | 26\% | 7\% | 8\% | 22\% |
|  |  | CDE | DE |  |  |  |
| Extremely | 45 | 32 | 11 | 2 | - | - |
|  | 6\% | 8\% | 4\% | 3\% |  |  |
|  |  | CD |  |  |  |  |
| N/A | 16 | 5 | 4 | 2 | 1 | 4 |
|  | 2\% | 1\% | 1\% | 3\% | 4\% | 44\% |
|  |  |  |  |  |  | BCDE |
| Chi-square |  |  |  |  |  |  |
| SIGNIFICANCE |  |  |  |  |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

1. What do you believe are the strengths of our EAP?

Banner 1

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Accessibility / | 350 | 183 | 125 | 29 | 9 | 4 |
| availability | 44\% | 43\% | 46\% | 39\% | 36\% | 44\% |
| Quick response | 344 | 194 | 105 | 30 | 12 | 3 |
|  | 43\% | 46\% | 39\% | 41\% | 48\% | 33\% |
| Professional/helpful counsellors | 205 | 128 | 64 | 9 ${ }^{9}$ | -3 | 1 |
|  | 26\% | 30\% ${ }_{\text {DE }}$ | 24\% ${ }_{\text {D }}$ | 12\% | 12\% | 11\% |
| Good service | 123 | 68 | 36 | 13 | 5 | 1 |
|  | 15\% | 16\% | 13\% | 18\% | 20\% | 11\% |
| Confidentiality | 119 | 61 | 41 | 13 | 2 | 2 |
|  | 15\% | 14\% | 15\% | 18\% | 8\% | 22\% |
| Good advice | 84 | 49 | 30 | 2 | 2 | 1 |
|  | 10\% | 12\% | 11\% | 3\% | 8\% | 11\% |
|  |  | D | D |  |  |  |
| Free service | 76 | 40 | 26 | 5 | 3 | 2 |
|  | 10\% | 9\% | 10\% | 7\% | 12\% | 22\% |
| Good comprehension/ understanding | 72 | 55 | 11 | 5 | - | 1 |
|  | 9\% | 13\% ${ }_{\text {c }}$ | 4\% | 7\% |  | 11\% |
| Listening | 63 | 36 | 22 | 3 | 2 | - |
|  | 8\% | 9\% | 8\% | 4\% | 8\% |  |
| Amount of resources | 61 | 36 | 19 | 5 | - | 1 |
|  | 8\% | 9\% | 7\% | 7\% |  | 11\% |
| Convenient locations | 40 | 25 | 13 | - | 2 | - |
|  | 5\% | 6\% | 5\% |  | 8\% |  |
| Comfortable atmosphere | 39 | 27 | 10 | 2 | - | - |
|  | 5\% | 6\% | 4\% | 3\% |  |  |
| Communication | 36 | 25 | 11 | - | - | - |
|  | 4\% | 6\% | 4\% |  |  |  |

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QF1 Page 49
(Continued)

1. What do you believe are the strengths of our EAP?

Banner 1

|  | Total |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Efficiency | 34 $4 \%$ | $\begin{gathered} 24 \\ 6 \% \\ c \end{gathered}$ | 7 $3 \%$ | 3 $4 \%$ | - | - |
| Good follow-up | 19\% | 11 $3 \%$ | 6 $2 \%$ | 3\% | - | - |
| Other | 55 | 20 $5 \%$ | 17 | 11 $15 \%$ B | 6 $24 \%$ BC | 1 $11 \%$ |
| Don't know / NA / Refused | 14 $2 \%$ | $\stackrel{2}{*}$ | 6 $2 \%$ | 4 5 | 8\% | - |
| CHI-SQUARE SIGNIFICANCE |  |  | ---------- | $\begin{gathered} --105.031-. \\ 100 \%{ }^{*} \end{gathered}$ |  | -----> |

enotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Limited number of sessions | 222 | 140 | 67 | 12 | 2 | 1 |
|  | 28\% | 33\% | 25\% | 16\% | 8\% | 11\% |
|  |  | CDEF | E |  |  |  |
| Councellors are not | 104 | 35 | 35 | 17 | 14 | 3 |
| qualified/educated | 13\% | 8\% | 13\% | 23\% | 56\% | 33\% |
| enough |  |  |  | B | BCD |  |
| Counsellor could not resolve my issue | 99 | 22 | 39 | 21 | 16 | 1 |
|  | 12\% | 5\% | 14\% | 28\% | 64\% | 11\% |
|  |  |  | B | BC | BCDF |  |
| Not enough information | 71 | 34 | 26 | 6 | 4 | 1 |
| provided | 9\% | 8\% | 10\% | 8\% | 16\% | 11\% |
| Not enough counsellors | 53 | 25 | 21 | 6 | - | 1 |
| available in my area | 7\% | 6\% | 8\% | 8\% |  | 11\% |
| No option for clients to choose their counsellor | 53 | 21 | 21 | 10 | - | 1 |
|  | 7\% | 5\% | 8\% | 14\% |  | 11\% |
| Limited number of | 38 | 19 | 13 | 3 | 1 | 2 |
| counsellors | 5\% | 5\% | 5\% | 4\% | 4\% | 22\% |
| Slow response times | 37 | 21 | 13 | 2 | 1 | - |
|  | 5\% | 5\% | 5\% | 3\% | 4\% |  |
| Difficult to reach a | 35 | 19 | 11 | 4 | - | 1 |
| counsellor | 4\% | 5\% | 4\% | 5\% |  | 11\% |
| Not enough awareness/ | 33 | 19 | 13 | 1 | - | - |
| publicity | 4\% | 5\% | 5\% | 1\% |  |  |
| Not enough follow-up on clients | 22 | 5 | 11 | 4 | 1 | 1 |
|  | 3\% | 1\% | 4\% | 5\% | 4\% | 11\% |
| Not enough time allotted | 14 | 7 | 5 | 2 | - | - |
| per session | 2\% | 2\% | 2\% | 3\% |  |  |

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QF2 Page 51
(Continued)
2. What do you believe are the weaknesses of our EAP?

Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Other | 28 $4 \%$ | 13 $3 \%$ | 9 $3 \%$ | 6 $8 \%$ | - |  |
| None | $\begin{aligned} & 171 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 113 \\ & 27 \% \\ & \text { CDE } \end{aligned}$ | 50 $19 \%$ DE | 7 $9 \%$ | 1 $4 \%$ | - |
| Don't know / NA / Refused | 51 | 27 | 19 | 4 $5 \%$ | - | 11\% |
| CHI-SQUARE SIGNIFICANCE |  | ------------- | ------------ | $\begin{gathered} -186.956--. \\ 100 \%^{*} \end{gathered}$ |  |  |

enotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

## 3. How might our EAP services be improved <br> ,

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| More sessions | 174 | 114 | 47 | 10 | 2 | 1 |
|  | 22\% | 27\% | 17\% | 14\% | 8\% | 11\% |
|  |  | CDE |  |  |  |  |
|  | 71 | 28 | 22 | 14 | 5 | 2 |
| counsellors | 9\% | 7\% | 8\% | 19\% | 20\% | 22\% |
|  |  |  |  | BC |  |  |
| Easier access to | 64 | 33 | 21 |  | 3 | 2 |
| counsellors | 8\% | 8\% | 8\% | 7\% | 12\% | 22\% |
| More publicity | 52 | 32 | 18 | 1 | - | 1 |
|  | 6\% | 8\% | 7\% | 1\% |  | 11\% |
|  |  | D | D |  |  |  |
| Better assessment of | 50 | 15 | 16 | 16 | 3 | - |
| individuals | 6\% | 4\% | 6\% | 22\% | 12\% |  |
|  |  |  |  | BC |  |  |
| Provide more information | 42 | 18 | 21 | 1 | 2 | - |
| (general) | 5\% | 4\% | 8\% | 1\% | 8\% |  |
|  |  |  | D |  |  |  |
| More available locations/ offices | 42 | 12 | 19 | 5 | 5 | 1 |
|  | 5\% | 3\% | 7\% | 7\% | 20\% | 11\% |
|  |  |  | B |  | B |  |
| Better screening for qualified counsellors | 41 | 12 | 14 | 6 | 9 | - |
|  | 5\% | 3\% | 5\% | 8\% | 36\% |  |
|  |  |  |  |  | BCD |  |
| Allow individuals to choose their counsellors | 39 | 20 | 11 | 5 | 3 | - |
|  | 5\% | 5\% | 4\% | 7\% | 12\% |  |
| More follow-up on individuals | 37 | 8 | 20 | 5 | ${ }^{2}$ | 2 |
|  | 5\% | 2\% | 7\% | 7\% | 8\% | 22\% |
| Quicker response times | 28 | 13 | 11 | 2 | 2 | - |
|  | 4\% | 3\% | 4\% | 3\% | 8\% |  |

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QF3 Page 53
(Continued)
3. How might our EAP services be improved?

Banner

|  | Counsellor's Ability to Understand Your Concerns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Provide more background information on counsellors | 11 | 3 $1 \%$ | 2 $1 \%$ | 4 5 | 2 $8 \%$ |  |
| Greater online presence | 11 | 1\% | $\begin{array}{r} 3 \\ 1 \% \end{array}$ | 3 $4 \%$ | 4\% | - |
| More allotted time per session | 9 $1 \%$ | 1\% | $\begin{array}{r} 2 \\ 1 \% \end{array}$ | - | 1 $4 \%$ | - |
| Other | 35 $4 \%$ | 22 | $\begin{array}{r} 9 \\ 3 \% \end{array}$ | 3 $4 \%$ | 1 $4 \%$ | - |
| Don't know / NA / Refused | $\begin{aligned} & 274 \\ & 34 \% \end{aligned}$ | $\begin{array}{r} 165 \\ 39 \% \\ \mathrm{D} \end{array}$ | $\begin{array}{r} 92 \\ 34 \% \\ \mathrm{D} \end{array}$ | 15 $\mathbf{2 0 \%}$ | - | 22\% |
| CHI-SQUARE SIGNIFICANCE |  | --------- |  | $\begin{gathered} --192.726-- \\ 100 \%{ }^{*} \end{gathered}$ |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

Table QF4 Page 54
4. Did you receive the kind of EAP services you expected?
Banner 1

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (C) | (D) | (E) | (F) |
| Total | 800 | 422 | 270 | 74 | 25 | 9 |
| Yes | 653 | 388 | 221 | 32 | 6 | 6 |
|  | 82\% | 92\% | 82\% | 43\% | 24\% | 67\% |
|  |  | CDE | DE |  |  | E |
| No | 128 | 25 | 45 | 37 | 18 | 3 |
|  | 16\% | 6\% | 17\% | 50\% | 72\% | 33\% |
|  |  |  | B | BC | BCDF |  |
| Don't know/Refused | 19 | 9 | 4 | 5 | 1 | - |
|  | 2\% | 2\% | 1\% | 7\% | 4\% |  |
| CHI-SQUARE |  | <--------------- |  | --167.771- |  | --> |
| SIGNIFICANCE |  |  |  | 100\%* |  |  |

Denotes Chi-Square where at least one cell has an expected value of less than
or more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

What were you expecting?

|  | Total | Counsellor's Ability to Understand Your Concerns |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Very Satisfied | Satisfied | Dissatisfed | Very Dissatisfied | Refused |
|  | (A) | (B) | (c) | (D) | (E) | (F) |
| Total | 128 | 25 | 45 | 37 | 18 | 3 |
| Someone to provide advice/suggestions | 42 $33 \%$ | 7 $28 \%$ | 15 $33 \%$ | 17 $46 \%$ E | 3 $17 \%$ | - |
| Better service | 34 $\mathbf{2 7 \%}$ | 16\% | +10 | 109 | $\begin{array}{r} 8 \\ 44 \% \\ B \end{array}$ | 67\% |
| Someone supportive/ understanding | $\begin{array}{r} 31 \\ 24 \% \end{array}$ | 8\% | $\begin{array}{r} 16 \\ 36 \% \\ B \end{array}$ | 10 $27 \%$ B | 3 $17 \%$ | - |
| More sessions | 11 $9 \%$ | 20\% | 2\% | 5\% | 11\% | - |
| Exceeded my expectation | 9 $7 \%$ | $\begin{array}{r} 7 \\ 28 \% \\ c \end{array}$ | - ${ }_{4}$ | - | - | - |
| Knowledgeable counsellor | 7\% | - | $\underset{4 \%}{2}$ | 11\% | 17\% | - |
| Faster results/ resolution | 4 $3 \%$ | - | 4\% | 3\% | 6\% | - |
| Other | 13 $10 \%$ | 3 $12 \%$ | $\begin{array}{r} 5 \\ 11 \% \end{array}$ | 5\% | 11\% | 1 $33 \%$ |
| Don't know / NA / Refused | 1\% | 1 $4 \%$ | - | - | - | - |
| CHI-SQUARE SIGNIFICANCE |  | ------------ | --------- |  |  | ---> |

Denotes Chi-Square where at least one cell has an expected value of less than
more than $20 \%$ of the cells have an expected value of less than 5

## Employee Assistance Services Bureau - Client Telephone Interview 2017

5. Is there anything else you would like to say about your experience with EAP counselling services?
Banner 1

[^1]Independent T-Test for Means (equal variances), Independent Z-Test for Percentages (unpooled proportions) Uppercase letters indicate significance at the 95\% level
enote Chi-Square where at least one
or more than $20 \%$ of the cells have an expected value of less than 5


[^0]:    Comparison Groups: BCDEF

[^1]:    Comparison Groups: BCDEF

