



Running Down the Wind, Vancouver Island poet, David Fraser's second collection of poetry published by Ascent Aspirations Publishing is a beautifully crafted book featuring poems written over the last two years of living on the island. The cover design by Patricia Carroll attractively welcomes the reader to venture into the lyrical world inside.

In *Running Down the Wind*, David Fraser reflects on life as an observer of very personal events, of metaphysical interpretations of the landscape around him, and of the social and political directions of our voracious world. His poems engender raw emotion, express love and loss, delve into the author's psyche and display the anguish and the joy that characterizes life.

David's poetry invites us into an intimate dance with Nature and makes us question our "spaces more mechanically laid out." Sitting round a campfire in Nootka Sound he sees the sun "spilling blue fragments upon the night"; hiking The Wild Pacific Trail he observes "the rainforest/snuggling up beside the foaming sea." He bemoans his "fading words laid down/that never reach a perfect state", and yet David is able to capture in a single image what many of us fail to notice in a lifetime! - Cindy Shantz

"David Fraser's poetry imbues vivid imagery and great depth of feeling. He has the ability to draw on inside experience so as to touch the very essence of life itself. The vocabulary is very evocative for me as a painter and at the same time allows me to use my own imagination at will. I love reading his poems." - Philippa Haidu

"David Fraser looks up, looks around him, takes in his surroundings, and reports on nature as a vital restorative element in our lives." - David Chorlton