Table 2: Baseline characteristics of study participants

Variable	No. of women	Control group	No. of women	Intervention group
Age, yr*	107	23.8 (5.86)	112	24.3 (6.29)
Prepregnancy weight, kg	101	78.9 (17.54)	98	81.0 (19.46)
Height, cm	107	163.2 (5.71)	111	162.0 (5.04)
BMI, kg/m^2	101	29.6 (6.45)	98	30.8 (6.85)
Gestational age at entry, wk	107	18.5 (6.92)	112	17.1 (7.06)
No. of smokers	107	45 42%	112	58 52%
No. of cigarettes/d	45	3.6 (1.71)	58	4.4 (3.48)
Parity: 0	40	37%	35	31%
1	28	26%	31	28%
2–4	37	35%	38	34%
> 4	2	2%	8	7%

Note: BMI = body mass index.
*Values are means (and standard deviation), unless otherwise stated.

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