

Table 2: The 1998 Canadian guideline lipid values indicating therapy for each level of risk*

| Level or risk | LDL-C level, mmol/L | TC:HDL-C ratio |
|---------------|---------------------|----------------|
| Very high† | ≥ 3.5 | > 5 |
| High | ≥ 4.5 | > 6 |
| Moderate | ≥ 5.0 | > 7 |
| Low | ≥ 6.0 | > 8 |

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Note: LDL-C = low-density lipoprotein cholesterol, TC = total cholesterol, HDL-C = high-density lipoprotein cholesterol.

*Therapy is indicated if the LDL-C level or TC:HDL-C ratio is greater than either of the values given for each level of risk. The 2000 guidelines³⁰ define lipid targets rather than treatment thresholds.

†For example, for patients considered at very high risk (see Table 1) treatment is initiated if their LDL-C level is ≥ 3.5 mmol/L or TC:HDL ratio is > 5.

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