

**Table 1: Characteristics of and participants in a continuing medical education strategy in a primary care setting**

Activity	Participants	Time required
<b>Development of clinical guidelines</b>		
Acute respiratory infection	4 pediatricians 3 family physicians 2 researchers	2 months*
Type 2 diabetes mellitus	3 internal medicine specialists 3 family physicians 2 researchers 1 endocrinologist	
<b>Training of clinical instructors</b>	Specialists from referral hospital† Chiefs of clinical departments	8 h over a 1-mo period
<b>Educational intervention</b>		
Interactive workshops	Family physicians Clinical instructors Chiefs of clinical departments	5 h (1 h/day for 5 days)
Individual tutorials	Family physicians Clinical instructors	Once weekly for a total of 6–10 h‡
Peer group sessions	Family physicians Clinical instructors Chiefs of clinical departments	3–5 h over a 2- to 3-mo period§

\*For each guideline (the 2 groups worked independently).

†Two pediatricians for the guidelines on acute respiratory infection and 2 internal medicine specialists for the guidelines on diabetes.

‡The clinical instructor worked with the family physician while the latter was providing care to patients. Each weekly one-on-one session lasted for 2 hours, and there were a total of 3 to 5 sessions, for a total of 6 to 10 hours of instruction. The total time required for this stage of the intervention (for all family physicians) was 2 to 3 months.

§The group met 3 to 5 times, and each session lasted 1 hour.

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