

Barriers to appropriate diabetes management among homeless people in Toronto

Table 2: Diabetes history of study participants

Characteristic	No. (and %) of subjects
Diabetes type	
Type 1	7 (14)
Type 2	43 (86)
Time since diagnosis of diabetes, yr	
< 1	9 (18)
1–5	19 (38)
> 5	22 (44)
Current medications for diabetes	
Oral agents	31 (62)
Insulin	14 (28)
Oral agents plus insulin	1 (2)
None	4 (8)
Blood glucose monitoring	
Currently possesses self-monitoring unit	21 (42)
Currently uses self-monitoring unit	17 (34)
Currently uses self-monitoring unit at least once daily	12 (24)
Health care for diabetes	
Sees a physician regularly for diabetes care	40 (80)
Has seen this physician within the last 2 months	38 (76)
Has received dietary instruction for diabetes	36 (72)

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