



Fig. 1: Tender points in fibromyalgia are found at the following bilateral locations: suboccipital muscle insertion points; anterior aspects of the intertransverse spaces at C5-7; mid-point of the upper border of the trapezius; origin of the supraspinatus; second costochondral junction, superolateral aspect; lateral epicondyle, 2 cm distal; buttock, upper outer quadrant; greater trochanter, posterior aspect; medial fat pad of the knee. Reproduced with permission of *Arthritis Rheum* 1990;33:169,² Lippincott Williams & Wilkins.

[\[Return to text\]](#)