
Table 4: Diagnostic criteria* for polymyalgia rheumatica⁴

1. Age > 50 yr
 2. Three of the following:
 - Pain in the neck, shoulder or pelvic girdle
 - Marked morning stiffness for > 1 h
 - Elevated erythrocyte sedimentation rate
 - Rapid response to prednisone (20 mg/d)
 3. Negative tests for rheumatoid factor and antinuclear antibodies
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*All 3 criteria must be met to confirm a diagnosis of polymyalgia rheumatica.

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