

The 1 minute

**'PADDINGTON ALCOHOL TEST'
(PAT)**

N.B. 'page 3' A&E card

Circle number(s) - max 3 - for specific trigger(s); consider for ALL the **TOP 10** (include = i):-

- | | | |
|-----------------------------------|--------------------------------------|-----------------------------------|
| 1. FALL (i. trip) | 2. COLLAPSE (i. fits) | 3. HEAD INJURY (i. facial) |
| 4. ASSAULT (i. involved) | 5. NON-SPECIFIC G.I. | 6. "UNWELL" |
| 7. PSYCHIATRIC (i. o'dose) | 8. CARDIAC (i. palpitations) | 9. SELF-NEGLECT |
| 10. REPEAT Attender | | |

Other (specify):-

DATE:

PATIENT IDENTIFICATION STICKER:

After Dealing with patient's 'agenda,' i.e. patient's reason for attendance:-

1. "Quite a number of people have times when they drink more than usual; what is the most you will drink in any one day?" (Units, 8 gms alc., for pub measures in brackets; home measures often x3!)

Beer/lager/cider	__ Pints (2)	__ Cans (1.5)	total Units/day
Strong Beer/lager/cider	__ Pints (5)	__ Cans (4)	= _____
Wine	__ Glasses (1.5)	__ Bottles (9)	
Fortified Wine (Sherry, Martini)	__ Glasses (1)	__ Bottles (12)	
Spirits (Gin, Whisky, Vodka)	__ Singles (1)	__ Bottles (30)	

2. If this is more than 8 units/day for a man, or 6 units/day for a woman, does this happen

Circle

: Once a week or more? = **YES: PAT +ve** (every day: ? Pabrinex)
or
: Less frequent ? = ? **PAT - neg** (? , as trumped by Quest. 3)

3. 'Do you feel your current attendance in A&E is related to alcohol? **YES(PAT+ve) / NO**

If PAT +ve: 'Would you like to see our Health Worker?' YES / NO

If **YES**: give Alcohol Advice Card with appointment for next Review Clinic + book appt.

- If **NO**:
1. Still give patient **Alcohol Advice Card** - patient may **change** mind later and return.
 2. Still complete **PAT**; place in notes for **reinforcement** if patient reattends.
 3. Still mark **A&E notes**, p.3: PAT '**POS**', Referred AHW '**NO**', to **alert** staff.
 4. Still inform **GP** in A&E discharge letter: no.11 letter if alcohol **main** problem.

If to be **admitted**, note in AHW book & state ward if known.....

SIGNATURE:

NAME STAMP:

PAT 2000

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