
Appendix 1: Canadian Task Force on Preventive Health Care levels of evidence and grades of recommendations

Levels of evidence

- I Evidence from at least one well-designed randomized controlled trial
- II-1 Evidence from well-designed controlled trials without randomization
- II-2 Evidence from well-designed cohort or case-control analytic studies, preferably from more than one centre or research group
- II-3 Evidence from comparisons between times or places with or without the intervention; dramatic results from uncontrolled studies could be included here
- III Opinions of respected authorities, based on clinical experience; descriptive studies or reports of expert committees

Grades of recommendations

- A Good evidence to support the recommendation that the condition or manoeuvre be specifically considered in a periodic health examination (PHE)
 - B Fair evidence to support the recommendation that the condition or manoeuvre be specifically considered in a PHE
 - C Insufficient evidence regarding inclusion of the condition or manoeuvre in, or its exclusion from, a PHE, but recommendations may be made on other grounds
 - D Fair evidence to support the recommendation that the condition or manoeuvre be specifically excluded from a PHE
 - E Good evidence to support the recommendation that the condition or manoeuvre be specifically excluded from a PHE
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