# Ygdrasil

# A Journal Of The Poetic Arts

# August 2015

**VOL XXIII, Issue 8, Number 268** 

Editor: Klaus J. Gerken

European Editor: Mois Benarroch

Contributing Editor: Jack R. Wesdorp

Previous Associate Editors: Igal Koshevoy; Evan Light; Pedro Sena; Oswald Le Winter; Heather Ferguson; Patrick White

ISSN 1480-6401

# Table of Contents

### INTRODUCTION

Michael Ceraolo

Reversion, or Retro Rule #4

### **CONTENTS**

Prerna Bakshi

So I Stood There

Scar

The Untouchable

**Scott Thomas Outlar** 

**Erupting Tide** 

**Held Lovingly** 

**Paul Tristram** 

The World According To Your Parents...Sucks!

Someone's Laced My Heart With Love For You

**Pastel Pockets Of Warmth** 

**Skinnier Without You** 

Jemima Nicholas And The Battle Of Fishguard, 1797

The Guzzler

I Need Another War

# **A Common Sadness**

Robert L. Martin
Zzyrg
The Life of Life
The Stirring
Paula Lietz
Let Me Fail and Let Me Fall
The Spruce Trees
Blame the Wind
On the River's Verge
Barbara Phillips
While Basho Sleeps
Haiku #1
Haiku #2
Menage
After Love
Grand Piano
CL Bledsoe & Michael Gushue
I Guess I'll Go On. Why Not?
Poppa Enigma
Feathers, of a Sort
My Own Private Phone Booth
Donal Mahoney

**Dangling Participles** 

A Singular Repast

Old People

**Missiles and Land Mines** 

Yowling

**POST SCRIPTUM** 

**Michael Ceraolo** 

The Playing Surface

# Introduction

# Michael Ceraolo

#### Reversion, or Retro Rule #4

The fourth retro rule came and went, periodically,

according

to whether or not the Lords felt that offense was getting out of hand,

and

that was the legalization of doctored pitches When such a change was deemed necessary each team was permitted one such pitcher, and that pitcher had to be so designated before the start of the season,

which

was the only time such designation could be changed

(such designees

were always grandfathered until retirement when the pitches again became illegal)

Defacing the ball with thumbtacks nail files emery boards sandpaper,

0

any of the myriad other implements that had ever been used was not permitted,

and

attempts to get around the rule by having the catcher or another player 'accidentally' doctor the ball disappeared with the advent of the intention-reading umpire

With increased awareness of disease transmission the use of spit or any other human or animal bodily fluid was strictly verboten; the penalty for any such use was immediate lifetime banishment if the fluid was carrying disease, a two-year banishment if it wasn't

#### And

there was no need for taking such risks; increasing chemical knowledge and the development of new chemicals had made such methods obsolete,

with

the only rules being the chemicals could not be hazardous nor could they discolor the ball

And

while they never quite fulfilled the fantasy of *It Happens Every Spring* they always effectively redressed the perceived imbalance until the time they were again made illegal

# Prerna Bakshi

### So I Stood There

Beaming with joy, I said

"Wow! What a nice bicycle! So happy for you.

Can I ride it too?"

"No, you might hurt yourself.", said the brother

Feeling ecstatic at being gifted a shiny bicycle

"Just for one minute. I promise, I'd be okay.", I plead

"No. It's too big for you.", he said

"I'll manage. See...it's big for you too."

With a hopeful look in my eyes, I said

"So? I am much more stronger than you.

It's okay. Just stand here and watch me ride."

So...

I stood there

I remember, he was fond of swimming

He would swim back and forth

Like a champ

While I'd stand

At the edge of the pool

Holding his stripy towel

Staring into the water

Wishing if I knew

How to swim too

So, one day, with a glimmer in my eyes, I asked

"Can I swim too?"

"No. You'd drown yourself."

As he took the towel off my hand and left to change

So...

I stood there

On summer holidays

Late afternoon

In the neighbourhood park

He'd love to play cricket

With the other boys

From the locality

Who'd all gather

Come prepared

With their gear

Filling the entire park

With no minutes to spare

So like a good sister, carrying

His water bottle and sometimes

His beige cricket bat

I would accompany him to the park

To cheer for him

When his turn came to bat

Hoping he'd hit those lofted shots, and then

I'd whistle and clap

Hours would go by

Standing on the edge of the park

While the boys take a break

I'd muster up the courage

Finally ask

"Can I bat too?"

"No. You'd get hit by the ball."

"Just once!", I request

"How about you go there and field."

Standing miles away from the pitch, and

From everybody

So...

I stood there

On India's independence day

Like every year

The sky would be filled with colourful kites

Twirling and dancing in the air, and

Like every kid, we would

Excitingly run towards

The roof of our house to fly kites

Except, I was naive to conflate

India's independence with mine

'Cause whenever I asked

"Can I fly the kite too?"

He'd remind what might ensue

"Seeing as I've always flown the kite, let me take care of this

Since I'm better than you."

Like every year

Holding the kite spool in my hands

So...

I stood there

Today

I'm still standing

Standing alongside the bicycle

That I can now ride

Standing not at the edge of the pool

But inside

Standing not outside the Cricket park

Isolated, unseen, waiting for an approval

But on the cricket pitch

With my bat

Ready to fight

Standing on the rooftop

Not letting someone deny me

As they alone own the kite

Not letting them take control of it

Just as they control my life

For I now, let myself

Fly the kite

### Scar

At the age of 30

After having witnessed

The men in my family

And society at large

Claiming sole rights

On the wheels

By denying women

From their right to freedom

Self reliance

I decided to take

The handlebar

Into my own hands

I decided to

Learn to ride

A bicycle

On my own

Excited yet overwhelmed

Nervous yet confident

I sat on my bicycle

Riding, under

The stars late

At night, feeling the wind

Blowing into my face

Peddling away from

Patriarchy, savouring

Every atom of that indescribable rush

I peddled and peddled

But not for too long

(All good things don't last for too long as they say)

All of a sudden

I fell off the bicycle

Found myself

In tremendous pain

At a nearby hospital

At 2 am

In the emergency ward

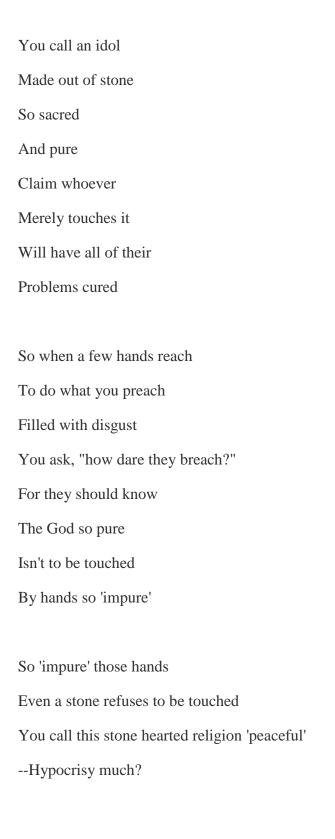
Bleeding, with a left

Fractured arm
Broken bone
That won't be healed
For a good few months
Wounds all over my body
Especially this big Goddammit wound
That stood out
Of red-purplish color
On the calf of my right leg
Like a scar
Of my independence
Staring right back at me

And to it, I just had this to say:

What took you so long?

# The Untouchable



# **Scott Thomas Outlar**

# **Erupting Tide**

The angel of mercy returns in full splendor after a time beneath the sea as the tide is pulled by an eruption from the high moon siren call.

A wave of infinite windows flows in cascading deliverance from the flesh of her holy specter, opening the portal to any realm one can dream of.

There is no turning away from the saving grace which she offers to anyone whose eyes are open and whose soul is ready to leave behind this world of sorrow and drift at peace into the spaces of holy absolution.

# **Held Lovingly**

Sensations of pure bliss washing over my consciousness

Enveloped in the totality of the cosmos dissolving into the atmosphere

Touched by the hand of invisible forces connecting to deep primal electricity

The Source is everywhere felt intimately within my soul

A deep breath, an answer from heaven existential questions finding resolution

This moment is perfect awareness of a truth much greater than self

Caressed by a kiss from the wind gently held by a love complete

# Paul Tristram

# The World According To Your Parents...Sucks!

They are both mediocre and sheep-like, scared of doing anything remotely reckless or involving a gamble which is why they have never done anything with their lives except the blaringly obvious.

Don't you dare try to lower me down to their 'Don't Upset The Applecart' standards, I have an explosion of ambition and purpose yet to ignite.

# Someone's Laced My Heart With Love For You

...and it feels like, suede looks when stroked the wrong way. Goosebump smothered shudders. Smiles so wide they ache like the impact of a kiss after abstract days of yearning. Rollercoasters of energy and adrenalin racing around my veins. Colour, paint bombing away the shadow and Springtime in my eyes. The feeling, I imagine, Churches should bring. The miracle of two wedding rings and a 'Seven Brides For Seven Brothers' walk.

#### **Pastel Pockets Of Warmth**

Deep inside her pastel pockets of warmth I relax into foetal position, rocking to and fro contentedly, rainbow coloured and teardrop shaped. Nerve ends a-tingling and a-buzzing a soft, humming symphony of delicate hibernation. Safe from the purple and black fray, invasive thoughts and memories kept in check by her careful heartstring pulling. Soul thumb sucking sighs, regressing back to neutral, a stripping away and cleansing of the day to day unnecessaries. Life's batteries on full charge, mind and action of limb on subtle standby. I win another soft victory with each precious moment not tampered with. My water levels rise again as to the universal buoyancy I reconnect to suckle slowly at the nipples core of an energy which lays under the curtain hem of understanding.

#### **Skinnier Without You**

'I'm skinnier without you' the thought exploded into realization inside her head like Pop Rocks Candy. As she side-glanced the full length mirror with a frowning sigh. 'Your friendly familiarity, mixing bowl and whisked with constant care and comfort is making me pile on the pounds by the dessert spoon (I mean shovel full!) It's insufferable and selfish of you being so God Damned nice. I cannot remember what anorexic heartbreak (Have a Kit Kat) tastes like anymore? Oh, he's just too perfect, he'll have to go. I need six months of lonely misery, then someone dysfunctional, a drunk maybe? with frustrating issues. Half fool – half madman, howling and deranged on full moons and enough to upset me back into my favourite pair of walnut cracking jeans.'

# Jemima Nicholas And The Battle Of Fishguard, 1797

"I spy at least a dozen of you drunken, French louts.
Invade my Welsh land will you, indeed?
Upon your feet, everyone of you or you'll feel the sting of my pitchfork.
St Mary's church in town be where you'll all be sobering up, before the eyes of God and all his Angels.
By Damned but I'm making it your holding-cell.
Now, come on, let's be having you, start walking slowly before me into town, and don't you be trying anything funny,
I am more than woman enough for the lot of you!"

#### The Guzzler

He is jolly in his red nosed haze, reeking like a brewery rat and smoking like a swaying bonfire. Happily sing you bits and pieces of that song and half remembered fragments of one or two others, if you'll only wink and smile at him looking over the top of your menu. His stool is the worn one on the far left hand corner of the bar, clumsily turned to its side to better view the inebriated arena. He's been a loyal customer here nigh on twenty five years and his word is as good as the golden beer that he drinks, by the pint, yard and bucketful. Arrives seven pm on the dot and is always the last to leave, normally stumbling backwards whilst waving goodnight to then stagger sideways, mostly, up the drunken street to his other home.

#### I Need Another War

He stood up in the Dayroom as the Medication Nurse was doing her rounds and declared sincerely

"I need to see the Doctor immediately, I should be released this very afternoon. No more feeling sorry for myself, no more the victim and enough, please, with this zombifying tablet taking. I was given this energy and feelings for a reason, God Damn it all, The Past is dead...long live the King! and I have just realized the King is me. I want steak, hog roast, pheasant, duck and proper metal cutlery to eat it with. I want whisky, wine, port and mead and wicked kitchen wenches to pour it. I need another War, one more Battle, fighting cleanses and sharpens the senses. Unleash the dogs, saddle up my stead, give me eight or ten good men and I'll set fire to the yonder horizon!"

She didn't press the panic button, nor call for help and backup, she merely pushed him slowly back into his wheelchair, where he spent the rest of the afternoon of his 87th birthday asleep yet happily slaying Dragons.

#### **A Common Sadness**

It is quite simply called 'Loneliness' it veins its way through society indifferent to class and standing. A harsh prison sentence for some, yet, a needful escape for others. A place where the past and future trade stations and memories become the gust of wind that drives the new days longboat of thought forward. A telephone that sits in blaring silence, rubbing your nose in the monthly bills. Every meal you make (Not cook!) ends with a boiling kettle or ding and no one makes a noise if you don't! When does it end? How long is a piece of rope (Let's not go there!) I saw an old man at the bus stop today he claimed that the bus drivers and people who work at shop counters are the only real people he speaks to. Then to my growing horror he started to weep into his sad smile and I decided it was best to walk home.

# **Robert L. Martin**

# Zzyrg

Don't ever look at me I have to stay near the end I keep the alphabet in front So I can hide I Wish I was invisible But all I can do is try to be So I do the best I can All the A's up to the Y's Can do what they want to do I don't give a damn What they do I just want to stay In the rear where No letters can Find me I wish I was as pretty As they are, but I'm not I want to go to sleep So nobody can bother me Don't even come to visit me And I won't come to visit you Just leave me at the End of the alphabet And forget about me

# The Life of Life

I see colors and shapes Dancing in space I see soft lines Moving through valleys I see mountains crying And orchards singing I see oceans bubbling over I see the night kissing the dawn I see the color of the abyss I see atoms dancing I see the other side of walls I see squares sliding out of circles I see mathematics turning to liquid I see the sun laughing I see lambs climbing Out of volcanoes I see giants pulling music Through narrow openings I see the moon talking I see voices in the tulips I see the snow dancing with fire I see the trees weeping I see heaven moving Through the branches I see tear drops in the poems

I see poets losing their wings
And can't get off the ground
I see fantasy with its
Feet stuck in cement
I see life being
Stripped of its ornaments
I see the skies emptied out
Of tears and laughter
I see the end

# **The Stirring**

Breathless masses Airless forests **Choking leaves Ghosts of seasons Brittle skeletons** Quiet tombs Love's requiem **Amputated limbs** Narrow prisons **Dusty chains** Blocked hallways **Crumbling stairs** Sluggish streams **Dead waters** Abandoned hopes **Grounded spirits** Antiquated laughter Stagnation of time

Merciful sunrise Vibrant colors **Exquisite shapes** Sweet jasmine Deep breaths Beautiful air Running streams **Smiling meadows** Pink clouds Musical wind Whistling maples Dancing barley Swaying skirts Beauty embodied Sensual melodies Rousing spirits Nature primed Cupid's arrows Love's playground Life living again Oh beautiful life

# **Paula Lietz**

### Let Me Fail and Let Me Fall

Feathers and wake shimmer upon tranquil water signifying the prologue to the gloaming period, unpretentious beauty never alike. Drawn towards my centre it settles around my being rather like a favourite cloak that is familiar in smell lifting from my shoulders the weight of the day. For a vague length of time I sup and become intoxicated by the tapestry you twine of my sense of self, where you accept me of all my mistakes of all my good. I murmur but two words thank you. The source always present is the way of all things. If this is darkness falling let me fail and let me fall.

# **The Spruce Trees**

We plotted a rendezvous from prying eyes, yes I wanted your attention to myself. I cried through boughs of moaning Spruce your name....and waited... and time indeed does stand still. Handsome in your uniform, I traced the crinkled photo now as thin as parchment until I feared it and I would turn to dust I had to hold on just a little longer. You looking so proud though stiff, belying your passionate nature. Decades late the telegram. I went and told the Spruce trees you were coming home.

#### Blame the Wind

trembling in the garden leaves I read your letter

May wind made us feel fuck/n alive with every sense of the word. Time had not built us into anything, Sun and moon inconspicuously shifting the length of day. Time, time time.... Fretting we took note of the signs that eventide set curling around us. Wind dying a slow death... like us... temperatures falling meeting ground heat swirling ground fog trying to raise against the pressure denial. The taste of the rain different on the breeze clouds lesser than the energy they portrayed moved with agony. Currents gone adrift seeking direction seeking we ripened to seed to burst to die to seed I read your letter trembling words, tears and paper fell at my feet leaving me feel contemptuous of my own scorn. May to September, not even.

### On the River's Verge

Scanning the shoreline in want of clams or crayfish ...and your wild willful way the southwest wind was on my side I heard and smelt you before you came into view. Glimpses of your lean legs sauntering toward me yet keenly through prairie sweetgrass, your hips and shoulders sashaying with each stride. A ferruginous hawk circled, surveying the scene below anticipating vulnerability, always an easy strike. Time and you came to an abrupt halt. Across the creek our eyes met in that never ending split second crammed to capacity with all things. Disseminating tangents how it could be and how futile it would be to make it so. Wind and want waned, barely a murmur in tributary or ether. You turned and followed your path you created merely moments ago into the dense shelter of the wolf willows you left at the rivers edge, me...

# **Barbara Phillips**

# While Basho Sleeps

Haiku #1

bullfrog at midnight woos echoes orgiastically moon swallows pond songs

Haiku #2

tadpoles ribbons weave fireflies dance to starry songs temple bell chimes time

Menage

too hot day stifles sprinkler into dry magnificence

pale petals cringe into waffle edges roses bloom heartbreaks

# **After Love**

my New Yorker takes me into the spreading dawn

rose gold settles like a silk negligee

caresses the windshield and breathes promises

I coax the car into slowing at intersections

it rises to my commands

the engine sends whispers to my ears

the wheel holds my hands

we anticipate each other's rhythms old friends on the road

we welcome impulses to modest adventures

bathe in glimpses of naked joy

### **Grand Piano**

It stands there in all its varnished glory a behemoth threatening to collect dust in jurassic proportions

you don't know about my neurotic fear about this masterpiece of yours

it swoons to your every touch obedient reliable predictable

so unlike your wife who spars with you with words

you don't want to hear in tones not found on music sheets

# CL Bledsoe & Michael Gushue

# I Guess I'll Go On. Why Not?

I can tell the future from the lines on Samuel Beckett's face. They say: joy wears on the soul the same as sorrow; who cares which you choose? Dust will gather between their folds, so at least you'll be insulated against the weather. But let me admit something right now: I've never read a word he wrote. I can't even read. But I can damn sure listen to a book on tape. But I haven't done that either. What I have done is fold this paper over and over, then open it out and smooth the creases. Exactly the same as Samuel Beckett, it's a Misfortune Teller. This horizontal line is called Krapp's Last Tweet, and indicates the bottom of the cardboard mailing tube where I live. It's warm in there and smells like woodlice. Like mama's skirts.

### **Poppa Enigma**

If you could count, you wouldn't be wearing three shoes. It's okay. Put on some pants; you haven't even been born. Listen,

when the end comes, I'm holing up in a Popeye's. You can join us if you survive the trials: namely, being able to pour a soda

without leaving a big gap at the top when the foam disappears. And you've got to be able to put the lid on without breaking it.

We'll make a statue out of lard to commemorate your memory if you fail. Come spring, no memory will remain. None of us is getting out

of here without some major gastrointestinal distress and several delicious biscuits. Watch for exploding sheepdogs. You could call it the end of the world.

I call it Tuesday. Ignore the sleeping cats. We have a deep fat fryer. We'll be free. Of our bodies. At some point.

A ceremonial pop quiz will be given in honor of Sisyphus finally getting that rock up that hill. Wait a minute. Never mind.

Nice try though, like pouring a glass of milk into a world of milk, a world you are born in, a world with nothing to lose, indifferent.

A world where you don't even count. The problem is one of desire. As in, I want to explode and also witness my

explosion. I want to sleep and also trip over the cat, go sprawling into tomorrow. Have a biscuit. You've been a good dog.

# Feathers, of a Sort

The buildings want to eat me not because I'm scared but because they've heard I'm soft enough to chew. But I'm undeterred, living carapace free, one mix tape after another. The elevator's throat gapes at my floor, a long corridor disguised as the doorman's seeing-eye twerk. I'm rising. Believe me. I pushed the up button twice. I can feel my jelly legs fold from the upward force. Soon, there will be pie on the roof, clouds to reel down. I'll make them into the softest pillows you'll never see.

# **My Own Private Phone Booth**

My other cape is at the cleaners, so all I have is my dashing good looks to demonstrate my superiority. My Ex-Boyfriend vision bores into you, my staple-thin mustache guesses your weight. And these teeth? They cost somebody a fortune. I'm a labradoodle slab with the ability to bend, fold, and mutilate steel rebar into a double heart pierced by a MasterCard. I'm able to run faster than a High speed internet connection blond joke. See this watch? The President of the World Bank gave it to me because I opened a savings account. Everyone wants to sleep with me, and I'm going bald from washing my hair. This fur collar is made of genuine collar, so rare only the dead suspect it exists. You know what my secret identity is? It's someone who doesn't know you or the hill of beans your problems will always be.

# **Donal Mahoney**

# **Dangling Participles**

Every time something breaks like the pipe in the wall we heard gushing

this morning my wife wants to call a repairman because

I can't fix anything except split infinitives and dangling participles

and I usually agree but this time I mention the kayaks

in the attic and say why don't we hop in the kayaks

open the front door and sail down the street wave to the neighbors

cutting their grass planting their peonies worrying about crime

and shout best of luck we're tired of the good life we're sailing away.

# **A Singular Repast**

We are to each other now many decades later what we were the day

we got married, a couple at the kitchen table on a summer night—she

a slice of watermelon, corners touching the ceiling, covering my face in juice

and I the corn she butters before she devours it. We eat as fast as we can.

# **Old People**

These are old people retired and driving slowly from small apartments in economy cars getting out on canes and walkers with hearing aids you can see attired in the best Goodwill has to offer arriving between 1 and 3 weekday afternoons at Mid-America Buffet eating their fill for \$5.00 off piling their plates with chicken, meat loaf salads galore, veggies from childhood green beans, carrots eaten in a rush as kids listening to Fibber McGee and Molly on the radio eaten slowly now by folks who make it on crackers and snacks and one meal a day this one for \$5.00 off at Mid-America Buffet.

# Missiles and Land Mines

After the poetry reading the lights go on and a lady under a big hat rises behind dark sunglasses and asks the poet why he never writes about sex.

He says for the same reason he never writes about war. What more can be said about missiles in flight and land mines that need the right touch to go off.

# Yowling

Ed's wife found a sinkhole in the yard a year ago a foot wide, several feet deep

and she wanted it filled. No problem said Ed. The sinkhole is hidden

behind a big bush next to their garage. Sometimes a feral cat,

good as its eyes may be, falls into the hole at night, never to come out.

The yowling can go on longer than a week. Neighbors around

Ed's stockade fence ask where the yowling is coming from and Ed

asks them if they have a cat in heat. They always say no

and the questions stop. Meanwhile, feral cats, once a plague in Ed's yard,

no longer crouch in the foliage and leap to pluck robins and

cardinals out of the air. Birds can worship now at Ed's suet and feeders,

wipe their beaks in peace, serenaded at times by the yowling.

# Post Scriptum

# Michael Ceraolo

The Playing Surface

The playing surface had always affected how the game was played,

from

the first lumpy unkempt pasture-like fields to the later beautifully-manicured fields to the pretend grass that was popular in the late second/early third millennium Rule changes after that period mandated only natural grass even indoors in the new domes,

something

possible because of the new breeds that thrived even indoors with artificial light Such fields,

without chemicals added, were able to be maintained at a high level to provide true bounces on every ball, and,

for player safety, gone were the two monstrosities:

one

a thing piece of carpet over cement,

which

damaged players' knees and backs and sometimes caused broken bones after dives;

and

the soft fake turf made of ground-up tires,

which

led to a cancer epidemic

from the many trapped chemicals
The game still had its risks,
but
later-in-life damage from the playing surface
was no longer one of them

# Copyright Information

All selections are copyrighted by their respective authors. Any reproduction of these poems, without the express written permission of the authors, is prohibited.

YGDRASIL: A Journal of the Poetic Arts - Copyright (c) 1993 - 2015 by Klaus J. Gerken.

The official version of this magazine is available on Ygdrasil's World-Wide Web site http://www.synapse.net/kgerken. No other version shall be deemed "authorized" unless downloaded from there. Distribution is allowed and encouraged as long as the issue is unchanged.

#### COMMENTS & SUBMISSIONS

Submission and comments should be sent to Klaus Gerken, Chief Editor at kgerken@synapse.net