



# About this Catalogue

*Preventing Family Violence*, tenth edition, is an up-to-date guide to Canadian videos about family violence. Titles in this catalogue are listed alphabetically under four subject headings: Child Abuse, Child Sexual Abuse, Woman Abuse and Abuse of Older Adults.

Videos in the *Preventing Family Violence* collection have been carefully reviewed by the professional staff at the National Clearinghouse on Family Violence to ensure that they are sensitive, useful, modern and relevant.\* For this tenth edition of the catalogue, we have added nine important new titles to the collection, designated by the symbol, . Closed captioned titles are designated by the letters CC and the symbol .

On pages 13 and 14, you will find contact information for the National Film Board of Canada and a list of public libraries and other organizations across Canada that lend titles from this collection.

To purchase a video, contact the distributor listed at the bottom of each synopsis under "Purchase inquiries". Contact information for distributors is available on pages 15 to 17.

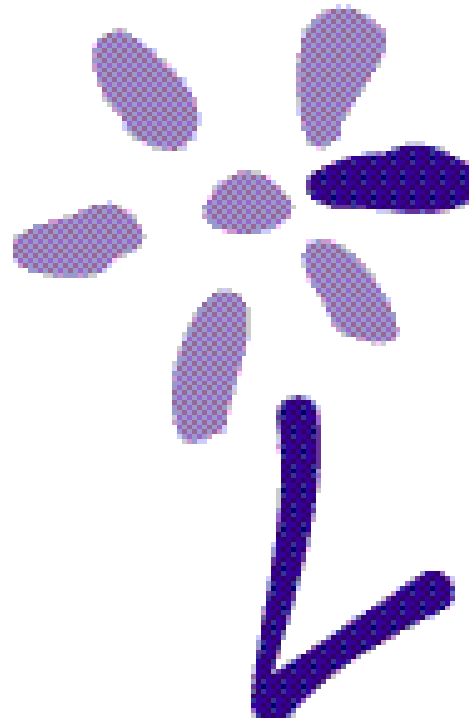
## About the National Clearinghouse on Family Violence:

The National Clearinghouse on Family Violence (NCFV) is a national resource centre for all Canadians seeking information on and solutions to violence within the family. The NCFV researches, organizes and disseminates information across Canada through articles, fact sheets, project reports and information kits on family violence issues.

\* *The content of the videos in this catalogue does not necessarily reflect the opinions of Health Canada.*

**Requests for further information or suggestions for additions and improvements to this catalogue are welcome.**

Please contact:



## National Clearinghouse on Family Violence


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**Web site: [www.hc-sc.gc.ca/nc-cn](http://www.hc-sc.gc.ca/nc-cn)**



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# Child Abuse

- **A Child's Day in Court**

This dramatization is designed to aid in the preparation and orientation of child victim/witnesses for criminal court proceedings. It is valuable in the education of professionals preparing children to testify.

1994, 22 min., 0194 152, VHS

Purchase inquiries: Government Publications

- **The Children's Voice**

This is a documentary film presenting a group of abused youth and child witnesses of wife assault who collectively write and perform a play, *Tell It—Speak Your Peace On Violence*, based on their life stories. Interviews with members of the troupe are the backbone of this film, which breaks new ground by providing an opportunity for us to hear these children speak for themselves.

1994, 60 min., 0194 121, VHS

Purchase inquiries: V.O.I.C.E. Film Productions

- **Crying... What Can I Do? (Never Shake a Baby)**

This short video provides discussion on the dangers of shaking babies. This resource is appropriate for use with parents of varying ethnic backgrounds and gives several strategies for coping with crying infants. Recommended for parental support groups, baby-sitter education courses and maternity wards.

1995, 07 min., 0195 215, VHS

Purchase inquiries: SBS Prevention Plus

- **Harm's Way: A Revealing & Personal Look at the Disturbing Issue of Youth Violence**

From the highest profile acts of cold blooded murder to everyday incidents on our neighbourhood streets, *Harm's Way* puts a human face on the problem of youth violence. This video features personal accounts from people whose lives have been changed by youth violence, both victims and offenders. Interviews with prominent psychologists, criminologists, social workers, law enforcement and probation officers, explore issues and influences that are affecting the violent behaviour of our children. *Harm's Way* takes a probing look at the effects of early childhood experiences, the media, our consumer culture and changing societal and family

structures. This in-depth study also profiles intervention programs and group sessions with "at risk" youth that shed light on what we can all do to keep our children out of *Harm's Way*.

1999, 47 min., 0199 314, VHS

Purchase inquiries: kineticvideo.com

- **Help Me!**

- **Faith Leaders Challenging Child Abuse**

This video is designed to help faith leaders of any denomination understand child abuse and take steps to prevent it in their communities. The video describes how faith leaders can encourage a nurturing, abuse-free environment for all children. *Help Me!* gives an overview of the problem of child abuse and deals with disclosure, reporting, healing and prevention. A useful reference for religious leaders and lay professionals working with children.

1991, 17 min., 0191 181, VHS

Purchase inquiries: Not available

- **Just Children: Survivors of Institutional Child Abuse Tell Their Stories**

*Just Children* was developed by the Law Commission of Canada as part of its study of historical institutional child abuse. The video tells the story of people who suffered abuse as children in institutions across Canada. It also introduces a discussion of how to meet the needs of those who were harmed.

Over the past ten to fifteen years, child abuse has surfaced as a painful issue for Canadians. With greater public discussion has come greater awareness that children have been abused not only in their homes and by strangers, but also in institutions where they were placed for their education, welfare, rehabilitation or even protection. Many of these institutions were run by or on behalf of federal, provincial and territorial governments.

Children do not choose to live in institutions. Societies plan and establish institutions for children with a beneficial purpose in mind – the fact remains that many children were harmed terribly by abuse they suffered while resident in institutions. This is the undeniable tragedy that underlies the Commission's report entitled: *Restoring Dignity: Responding to Child Abuse in Canadian Institutions*.

2000, 24 min., 9100 152, VHS CC 

Purchase inquiries: Law Commission of Canada

Disponible en français: *Que des enfants : Histoires vécues de violence en établissement*

- **Kuper Island: Return to the Healing Circle**

This moving docu-drama explores the destructive effects Kuper Island Residential School had on hundreds of Aboriginal children sent there by government agents for




almost a century. Now, twenty years after the school closed, the survivors of Kuper Island are embarking on a spiritual journey on Vancouver Island's Tsartlip Reserve to begin healing the deep psychological wounds inflicted by their residential school experience.

1997, 44 min. 30 sec., 0197 174, VHS

Purchase inquiries: Moving Images Distribution

- **Live TV NFB**

*Live TV* is a spoof on television and movie stereotypes that makes fun of simplistic problem-solving. Four eleven-year-olds are delighted when a TV "morphs" to life to help them solve a mystery. Egged on by TV the kids soon discover TV solutions don't always work in real life. They fall out, until they realize that TV doesn't have all the answers. Designed to help children aged six to eleven understand the effect media violence has on them, and to teach them about problem-solving in the real world.

1996, 21 min. 39 sec., 9196 008, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Sacrée télé*

- **Never Shake a Baby**

This educational video explores 'shaken baby syndrome' and consists of frank testimonies from parents of varied ethnic and socioeconomic backgrounds. The video recognizes that parenting can often be difficult and offers practical solutions to help parents and caregivers deal with the stresses of infant care without causing injury.


1998, 18 min., 9198 132, VHS

Purchase inquiries: Kiwanis Club of Ottawa

Disponible en français : *Ne secouez jamais un bébé*

- **The Person Within**

*The Person Within* explores abuse and neglect of children and youth with disabilities. It gives a voice to young people with disabilities, their parents and caregivers and emphasizes recognizing individual abilities rather than disabilities. Authentic and richly informative, this production highlights the importance of emotionally responsible caregiving in family homes, group homes, schools and treatment facilities. A companion handbook is available.

1999, 28 min., 9199 292, VHS CC 

Purchase inquiries: B.C. Institute Against Family Violence

- **Put the Child First**

This film provides examples of child abuse situations for volunteer youth workers. The film and the accompanying material explain how to recognize symptoms of child abuse; how volunteers should react to victims; and it outlines the legal obligation of the volunteer to report an incident of child abuse.

1989, 15 min., 0189 177, VHS

Purchase inquiries: Society for Children and Youth of B.C.

Disponible en français : *C'est l'enfant qui compte*

- **Richard Cardinal: Cry from a Diary of a Métis Child NFB**

A moving tribute to Richard Cardinal, a seventeen-year-old Métis boy who committed suicide in 1984. Richard had been taken from his home when he was four because of family problems; he spent the next thirteen years moving in and out of twenty-eight foster homes, group homes and shelters in Alberta. Richard left behind a diary upon which this film is based.


1986, 29 min. 10 sec., 0186 056, VHS

Purchase inquiries: National Film Board of Canada

Disponible en français : *Richard Cardinal: Le cri d'un enfant métis*

- **Toying with Their Future NFB**

Toy designers and manufacturers describe their philosophies and their products while salespeople at toy trade shows demonstrate the marketing campaigns used in this billion-dollar industry.

1989, 30 min., 9190 065, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *L'Avenir en jeux*

- **Widening the Circle: The Family Group Decision Making Experience**

This video describes an intervention technique involving members of the extended family and various professionals to break the pattern of family violence. The family group decision making experience is defined in a dramatic setting and follows one family's experience through the process. Viewers gain insight into the interplay between organizations and the family as they become partners in working to stop family violence. This video is a companion piece for the print component entitled "Family Group Decision Making: Communities Stopping Family Violence" and is recommended to professionals interested in learning about the use of this process.

1998, 43 min. 55 sec., 9198 130, VHS

Purchase inquiries: Centre for Academic and Media Services, School of Continuing Education, Memorial University of Newfoundland

- **Youth Violence: What's Out There**

Specifically designed for young people aged 8 to 18, this fast paced program is intended to empower youth with positive alternatives to violence. *Youth Violence* motivates discussion and explores important issues that may face young people today including: intimidation, weapons, gangs and date rape.

1995, 48 min., 9195 218, VHS

Purchase inquiries: Friday Communications Inc.



# Child Sexual Abuse

## • **Beyond the Shadows**

This documentary explores the devastating effects residential schools have had on First Nations communities in Canada. The video presents the history of these government-mandated schools, the painful personal stories of abuse and the resulting “multi-generational grief”. This resource also describes how First Nations communities have begun the process of healing.


1993, 28 min. 20 sec., 0193 112, VHS

Purchase inquiries: Cariboo Tribal Council

## • **The Boys of St. Vincent NFB**

### • **The Boys of St. Vincent—15 Years Later NFB**

This two-part dramatization follows the struggle of the young residents of a Roman Catholic orphanage to escape their nightmare of physical and sexual abuse. Their cries for help go unheeded, although a concerned janitor and a no-nonsense police officer try to uncover the truth to end the boys’ suffering. For years, church officials, the police and government officials conspire to conceal the truth. Part 2 picks up the story fifteen years later when a government inquiry finally reopens the case.

1992, 184 min., 9192107/108, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Les Garçons de Saint-Vincent et Les Garçons de Saint-Vincent—15 ans plus tard*

## • **Building Blocks: Empowering Families Against Child Sexual Abuse**

Our best defence against sexual abuse is to raise empowered children. Presented in a positive down-to-earth light, *Building Blocks: Empowering Families Against Child Sexual Abuse*:

- addresses common myths and realities of child sexual abuse
- provides tools to develop strong boundaries, communication and assertiveness
- gives helpful hints on how to talk to children about sexual abuse
- explores effective ways to respond to children’s sexual development
- identifies potential high-risk situations
- provides safety tips for dating, relationships and choosing caregivers
- identifies common ‘warning signs’ of abuse

- provides practical information on handling a child’s disclosure

This video is a useful resource for health and social service organizations, community agencies, daycare centres, schools and libraries. It is also a valuable training tool for colleges, universities and professional development programs.

1996, 53 min., 0196 187, VHS

Purchase inquiries: Building Blocks Productions Inc.

## • **Children of the Eagle**

This video is about the healing of three sexually abused Aboriginal children. The eagle symbolizes the bravery, leadership and wisdom that the community has to muster in order to deal with their children’s crisis.

1990, 29 min., 0190 193, VHS

Purchase inquiries: Peigan Child and Family Service

## • **Feeling Yes, Feeling No NFB**

This series of four films (on four cassettes) is part of a sexual assault prevention program for young children. The adult video, for parents and professionals, introduces the program and the subject; the other three films are designed to give children the tools to protect themselves from sexual assault by strangers, family members and other trusted people. Comprehensive guides accompany the films.

1984, 184071; 184150; 184151; 184152, VHS

Purchase inquiries: National Film Board of Canada

Disponible en français : *Mon corps, c’est mon corps*

## • **Feeling Yes, Feeling No: The Family Program NFB**

A program of four films (on one cassette) that provides information on the nature and scope of child sexual assault and explains how to recognize and help an abused child. The adult film includes an explanation of the purpose and content of the children’s films. It teaches parents and professionals how they can reinforce the skills the children learn from the program. The children’s films give children the skills to protect themselves from sexual assault by strangers, family members and other trusted persons. Part one teaches the basic skills that build self-worth, self-confidence and good judgment. Part two teaches skills to help children assess potentially dangerous situations involving strangers and provides a definition of sexual assault. Part three introduces the issue of sexual assault by a trusted adult. Guides accompany each of the films.

1985, 78 min. 37 sec., 0185 111, VHS

Purchase inquiries: National Film Board of Canada

Disponible en français : *Mon corps, c’est mon corps : Le programme familial*



- **From Disclosure to Justice**


Numerous aspects of male childhood sexual abuse are discussed in this video. Interviews with survivors, therapists, police and crown counsel address the following topics: feelings, counselling, barriers to disclosure, support to male survivors, the role of the police and the justice system, and sexual offence law. This video is intended to augment training of victim service workers and anyone in the helping professions who may work with adult male survivors of sexual abuse.

1996, 49 min., 0196 163, VHS

Purchase inquiries: British Columbia Society for Male Survivors of Sexual Abuse

- **Good Things Can Still Happen NFB**

This is an interactive package for professionals working with sexually abused children. Aimed at children from 6 to 12 years old who have already disclosed abuse, this animated film is designed to help those children acknowledge and validate their feelings and approach their future with a sense of hope.


1992, 22 min., 9192 024, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Tout ira mieux!*

- **Good Things Too NFB**


The second video in the *Good Things Can Still Happen* series, *Good Things Too* is directed at teenagers aged twelve to eighteen who have been sexually abused. Using animation and scenes of live group-therapy sessions, the video tells the story of five abused teenagers working through their feelings about the abuse they have experienced. The stories these children tell illustrate many symptoms of abuse and demonstrate what the overall impact of sexual abuse can be on a child. The video also explores several other related issues relevant to teenagers, such as body image, sexuality and substance abuse.

1996, 47 min. 30 sec., 9195 175; VHS CC 

Purchase inquiries: National Film Board of Canada

- **Nitinaht Chronicles NFB**

This is a candid portrait of an Aboriginal community struggling to come to terms with a searing legacy of sexual abuse, incest and family violence. The video is a hopeful, courageous, and intimate account of the Ditidaht First Nation as it confronts the inter-generational cycle of abuse within its community. The resource follows the Ditidaht First Nation after a respected elder is found guilty of sexually assaulting his grand daughter. Spanning a period of seven years, the film plays a key role in the healing process. The story of the Ditidaht people is intended to encourage discussion about sexual abuse of children in the wider community. A user guide accompanies the film.

1998, 143 min., 9197 122, VHS, CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Chroniques de Nitinaht*

- **No! How**

This film is designed to help mentally challenged young adults to recognize the difference between appropriate and inappropriate sexual behaviour from others, what actions they can take, and how to say no.

1996, 9 min. 30 sec., 0196 178, VHS

Purchase inquiries: Diverse City Press

- **Sandra's Garden NFB**

This is an honest and intimate look at one woman's struggle to overcome the trauma of incest. A story of healing, *Sandra's Garden* demonstrates how women can work together to rebuild their lives. It is a testament to the courage of survivors who are struggling to overcome the emotional devastation and physical pain of their childhood.

1990, 30 min., 9190 059, VHS CC 

Purchase inquiries: National Film Board of Canada

- **A Secret No More**


A teacher discovers a fifteen-year-old has been sexually abused by her father. Through dramatizations the film describes the process from disclosure to conviction: how the mother is informed of the abuse, how police charges are laid, what court procedures are and what it can be like to testify in these kinds of cases.

1987, 28 min., 0187 170, VHS

Purchase inquiries: kineticvideo.com

- **Sharing Secrets**

A heart-warming drama that demonstrates how deaf youth can end the isolation of sexual abuse that often destroys their self-esteem. Deaf role-models encourage deaf young people to report what is happening to them and to seek help.

1992, 80 min., 9191 164, VHS CC 

Purchase inquiries: Moving Images Distribution

- **Stolen Lives: Children in the Sex Trade**

Every year in Canada and the United States, more than seven billion dollars are generated by the commercial sexual exploitation of children under the age of 18. *Stolen Lives* takes a hard look at boys and girls being exploited in the fast growing business of selling children for sex in North America. Here are stories, compelling and poignant, diverse and courageous, that expose the realities of children in the sex trade today. Contains explicit language and content.


1999, 46 min. 40 sec., 9199 291, VHS

Purchase inquiries: Still Water Pictures Inc.

- **To a Safer Place NFB**

This film tells the story of how one woman, who was sexually abused by her father, has come to terms with her life. Now in her thirties, Shirley Turcotte has built herself a rich and full life. The film accompanies her as she returns to the people and places of her childhood. The frank disclosures of Shirley's mother, brothers and sister will


encourage survivors of incest to break through the silence and betrayal in order to recover and develop a sense of self-worth and dignity.

1987, 58 min., 9187 067, VHS CC 

Purchase inquiries: National Film Board of Canada  
Disponible en français : *L'Enfant dans le mur*

- **Touching: The Video**

*Touching* is the story of a child named Alex who experiences a succession of bad and confusing touches. With the help of a friend, Alex is able to decide which touches are okay and which ones aren't. He is then able to recognize an abusive situation and report it to authorities. *Touching* is made for children; it teaches them about different types of touches such as hugging, tickling, bullying and sexual assault. Recommended for children in grades one to six.

1995, 35 min., 9195 196, VHS CC 

Purchase inquiries: Community Child Abuse Council of Canada  
Disponible en français : *Non aux attouchements*

- **Wednesday's Children: Jenny NFB**


Part of a series of six short dramas on teenage delinquency, *Jenny* is the story of a seemingly tough seventeen year-old who is arrested for trafficking drugs. Jenny's story emerges as she is interviewed by a social worker. Her unemployed, alcoholic father has been sexually abusing her and is now turning his attention to her weaker, younger sister.

1987, 14 min. 53 sec., 0187 002, VHS

Purchase inquiries: National Film Board of Canada  
Disponible en français : *Les Enfants du désarroi : Jenny*

- **Where Angels Dare NFB**

An intensely personal documentary about healing from childhood sexual abuse and torture. Four women and two men speak honestly of their painful childhood experiences and the "angels" who guided them along the way. The video focuses on healing, confronting anger and the search for peace.

1993, 26 min. 10 sec., 9193 054, VHS CC 


Purchase inquiries: National Film Board of Canada



## Woman Abuse

- **After the Montreal Massacre NFB**

This film helps us come to terms with the murder of fourteen women at an engineering school in Montreal. It deals with how these murders relate to the larger picture of male violence that confronts women on the streets and in their own homes. The haunting images taken on the day of the massacre and in the days following set the stage for an exploration of the issues of misogyny, male violence and sexism.

1990, 27 min., 9190 097, VHS CC 


Purchase inquiries: National Film Board of Canada  
Disponible en français : *Au-delà du 6 décembre*

- **Behind Closed Doors**

In their own languages, three women from different ethnic and cultural backgrounds discuss how violence has affected their children and themselves. Their courageous stories reflect on cultural barriers to seeking help, personal turning points, and how they survived and started new lives for themselves and their families. A user's guide accompanies the video. *English, Spanish and Punjabi with English subtitles.*

1998, 23 min.15 sec., 9198 131, VHS

Purchase inquiries: Deluxe Productions Canada Ltd.

- **BEYOND-Surviving the Reality of Sexual Assault **

*BEYOND-Surviving the Reality of Sexual Assault* is the story of Sally, a young woman who is sexually assaulted by someone whom she meets casually in a social situation. The presentation follows Sally through the experience of being sexually assaulted, seeking immediate support from a friend, then from a sexual assault crisis line where she is given some information about the choices that are available to her. Sally chooses to go to a hospital emergency room for medical attention, which collects physical evidence for legal purposes, and to report the incident to the police. The offender is subsequently charged with sexual assault and the case is presented in court, touching on the revictimization of victims of violence at the hands of the justice system.

Although the outcome of the trial is not revealed, *BEYOND* emphasizes that Sally has still been able to move forward in her healing process. She uses support not only from her friends, but also from a discussion group in which she is able to talk freely about her sexual assault with a number of other women who have had similar experiences.



All of the women in the group have their stories heard, their feelings normalized and their belief in social myths challenged.

2000, 27 min., 9100 154, VHS CC 

Purchase inquiries: [kineticvideo.com](http://kineticvideo.com)

- **Black-Eyed Susan**

This video describes how a little boy is affected by witnessing his father beating his mother. Jonathan is having trouble at school and is reluctant to tell anyone what's troubling him. A black-eyed Susan in a bouquet of flowers reminds him of his mother's black eye, so Jonathan refuses to go home. Eventually, the abuse is revealed and Jonathan's family gets the help they need. This film shows children that there are things they can do to help themselves.

1994, 46 min., 0194 117, VHS

Purchase inquiries: Sneyd Syndicate Inc.

- **Bridging the River of Silence**

Three women who have been abused by their spouses talk about the complexity of the problem. This production focuses on one woman's efforts to use the criminal justice system to end the abuse. The film highlights the special cooperative approach of the professional people associated with the criminal justice system in Renfrew County, Ontario.

1991, 65 min., 0191 134, VHS

Purchase inquiries: [kineticvideo.com](http://kineticvideo.com)

Disponible en français : *Un pont sur l'abîme du silence*

- **Changing the Ending**

This video explores many issues through the eyes of two women who have found shelter at a transition house after being assaulted by their partners. Although the characters are fictional their stories are based on a composite of real stories about the intense and conflicting emotions which abused women experience when they face police, courts and the legal system. The video provides some insight into the courageous struggle of abused women to stop the abuse and change the ending. A User's Guide helps to introduce the video, elaborate on issues and concepts raised in the video, and plan related activities.

1997, 30 min., 9197 174, VHS

Purchase inquiries: Public Legal Education and Information Service of New Brunswick

Disponible en français : *Changer sa destinée*

- **Charting New Waters: How to Respond to Violence Against Women with Disabilities**

*Charting New Waters* is a video and study guide about violence against women with disabilities. This video can be used as a resource for teaching caregivers, social workers, advocates and criminal justice personnel how to deal with these situations in a respectful and appropriate manner.


1996, 38 min., 0196 164, VHS

Purchase Inquiries: Justice Institute of B.C.

Disponible en français : *Une nouvelle cartographie : Comment répondre à la violence faite aux femmes handicapées*

- **The Crown Prince NFB**

Billy is fifteen and for most of his life his family has kept a deadly secret—a secret of violence and fear. Billy knows what it means to be a victim, and he comes to learn what it means to be “just like dad”. A powerful drama that looks at the real and pressing problem of wife assault from the perspective of the children.

1988, 37 min. 41 sec., 9188 037, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Le Prince héritier*

- **Discovering the Child Within: The Abuse of Pregnant Women and Their Children**

This film documents the experiences of women who have been abused during pregnancy. The resource focuses on how the violence affected each woman, her fetus, her family and the professionals involved. The video comes with a workbook which offers ideas on how to create and facilitate a women's empowerment group.

1992, 30 min., 0192 172, VHS

Purchase inquiries: Northumberland Services for Women

- **Domestic Violence**

An informative and innovative training tool for front-line social workers, doctors, nurses and other health professionals. Part 1 presents a historical overview of the issue of violence against women; part 2 covers a variety of topics from how to detect wife abuse injuries to how to approach women who may be in an abusive relationship. *Domestic Violence* illustrates in a clear and direct way the seriousness of wife assault and shows health professionals and social workers how they can help abused women.

1994, 74 min., 0194 148, VHS

Purchase inquiries: Domestic Violence Program

- **Double Jeopardy**

*Double Jeopardy* characterizes the extent of violence against women with disabilities and suggests ways of addressing this issue at the local level. Women with disabilities, who are survivors of family violence, tell their stories. This video is primarily intended for women living in independent living centres, their caregivers and other professionals working in the field.

1996, 30 min., 0196 162, VHS

Purchase inquiries: CAILC (Canadian Association of Independent Living Centres)

- **Fires of Transformation**

This resource is a documentary about a women's theatre troupe called VOICE (Violence Overcome In Creative Ensemble) whose members have written and produced a play about their experiences as survivors of violence. The play describes how women overcome violence alone and within the sisterhoods of women's shelters.

1991, 60 min., 0191 124, VHS

Purchase inquiries: Canadian Filmmakers Distribution Centre



- **Francis and Terry**

This fictitious dramatization focuses on the experiences of woman abuse in one family. With a view to informing criminal justice professionals, it details many facets of spousal abuse and highlights the experiences of women within the criminal justice system.

1992, 58 min., 0192 189, VHS

Purchase inquiries: National Judicial Institute

Disponible en français : *France et Thierry*

- **How Then Shall We Live**

Through personal interviews with people who have left abusive relationships, *How Then Shall We Live* explores the process of leaving and rebuilding. The video offers practical and legal suggestions for those who need to leave situations of domestic violence and for those who would like to be supportive neighbours, service providers and friends. A Facilitator Guide that can be used for small community groups, schools and professional workshops accompanies the video.

1999, 24 min., 9199 290, VHS

Purchase inquiries: Live Wire Productions

- **In Our Defence: A Film About Women and Violence**

Tina, Sara and Tammy are young women stuck in unsatisfactory relationships with men. Through their own stories, statements from counsellors, police and legal experts, viewers gain a fresh perspective on Canadian law and society. A video geared to young people between fifteen and twenty-five years of age.


1992, 28 min. 50 sec., 0192 173, VHS

Purchase inquiries: The Image Works Alberta Inc.

- **It's Not Like I Hit Her**

This video examines emotional abuse directed at women by their male partners. The video is not about arguing or disagreeing; it is about chronic criticism, verbal degradation, intimidation and isolation imposed on women to keep them in a socially and emotionally unsupported position. The aim and the result is to wear down and destroy women's self-esteem and their spirit.

Both male and female viewers learn the basis for this kind of behaviour in males in this very high quality production that mixes dramatic vignettes with interviews. Also examined are the passive female roles in these relationships. What this basically comes down to is an addiction with all sorts of denial and enabling going on. Tools for confronting and ending this type of abusive behaviour and the treatment options available for abusers are also covered.

2000, 23 min., 9100 155, VHS CC 

Purchase inquiries: kineticvideo.com

- **Litrosi**


Designed as a public education tool for the Greek community, this video documents the destructive effects of violence in the home and demonstrates the steps towards recovery for both victims and abusers.

1993, 48 min., 0193 113 VHS

Purchase inquiries: Greek Orthodox Family Services and Counselling

- **A Love that Kills NFB**

*A Love that Kills* is a powerful documentary that tells the story of Monica, a nineteen-year-old woman who was murdered by her former boyfriend. Monica's mother speaks passionately throughout the video telling viewers about her daughter's life and tragic death. The video helps to identify the warning signs of partner abuse, especially in young people, and the damage it causes emotionally and physically. It will help generate discussion and action and is appropriate for use in Health, Guidance, Family Law or Social Studies classes.

1999, 19 min. 32 sec., 9199 118, VHS CC 

Purchase Inquiries: National Film Board of Canada

- **Make a Difference: How to Respond to Child Witnesses of Woman Abuse**

This video is intended for use by a variety of children's service providers, educators, and community volunteers who wish information on the effects of witnessing woman abuse on children. The video also provides information and suggestions on how to help identify child witnesses and on what to do in the case of disclosure.

1995, 21 min. 40 sec., 0195 210, VHS

Purchase Inquiries: Magic Lantern Communications Ltd.

- **Marker of Change: The Story of the Women's Monument**

This is the remarkable story of a small and determined group of Vancouver feminists who set out to create a permanent marker to name and remember the 14 women murdered at L'École Polytechnique in Montreal on December 6<sup>th</sup>, 1989. The success of their struggle, amidst controversy and criticism, is a benchmark in feminist history and a Canadian model for social activism. It is a provocative and loving follow story to the 1991 NFB/ CBC film *After the Montreal Massacre*. Intended to provoke a healing shift in consciousness for female and male audiences.

1998, 52 min., 9198 154, VHS

Purchase inquiries: Moving Images Distribution

- **Mixed Messages: Portrayals of Women in Media**

*Mixed Messages* is a five part multi-media workshop in which participants analyze negative images of women in media and learn to counteract these portrayals with a personal plan of action. This media literacy resource is intended for use in the classroom and for teacher education. *Part 1: Introduction to Violence against Women*

in Media; *Part 2: Focus on Advertising; Part 3: Gender Equality, Stereotypes... Media and Reality; Part 4: A Taste for Violence?; Part 5: What Shall We Do?*

1995, 27 min. 40 sec., 0195 211, VHS

Purchase inquiries: Not available

Disponible en français : *Les médias, c'est le climat*

- **No Longer Silent NFB**

This film explores several key issues in the struggle against the injustices done to women in India including: the abuse of the dowry system, which often leads to the harassment and murder of many young brides, and the traditional preference for male children.

1986, 56 min. 28 sec., 0186 510, VHS

Purchase inquiries: National Film Board of Canada

Disponible en français : *La Fin d'un long silence*

- **No Small Matter**


Performed in Punjabi by a Vancouver theatre group, this video portrays a woman who is abused by her husband and seeks help from her extended family. The video depicts attitudes rather than solutions and is intended to spark discussion about family violence and the role of the community in confronting the problems. The dramatization is followed by comments from various service providers. *Punjabi with English subtitles.*

1991, 28 min., 5791 168, VHS

Purchase inquiries: The People's Law School, The Public Legal Education Society

- **One Hit Leads to Another**

John has a good job, a nice home, two great kids and a wife who loves him. Why does he beat his wife? This film debunks the myths surrounding the issue of wife abuse. It consists of five dramatic vignettes, punctuated with interviews of victims, recovering batterers and experts with advice on available resources.


1990, 15 min., 9190 185, VHS CC 

Purchase inquiries: kineticvideo.com

Disponible en français : *On ne frappe pas qu'une fois*

- **A Place to Start**

*A Place to Start* is part of an educational package which explains the criminal law process for women who have been assaulted by their husbands or boyfriends. The video includes interviews with several women, survivors of abuse, who describe what happened to them when they took their abusive husbands to court. The video and accompanying handbook tell women what to expect and what supports are available at each step in the process.


1994, 40 min. 31 sec., 9194 031, VHS CC 

Purchase inquiries: B.C. Institute Against Family Violence

Disponible en français : *Après l'agression*

- **Right from the Start: Dating Violence Prevention for Teens**

This film is part of an educational package designed to help teenagers recognize dating abuse and confront unacceptable attitudes and behaviour. The clips follow a group of teens at school, home, the drama club and at a party to illustrate the escalation of boyfriends' abusive behaviour: from humiliating jokes to violent physical and sexual attacks. An easy-to-follow guide suggests questions and role-playing exercises for each dramatized scenario.

1992, 25 min., 9192 162, VHS CC 

Purchase inquiries: kineticvideo.com

Disponible en français : *Dès le début*

- **A Room Full of Men**

This documentary examines a group of men who have abused women, and their efforts to change. As the story unfolds, both participants and viewers learn that violence is more than beatings and bruises. As long as men believe they have authority and control over women, both physically and mentally, the potential for violence remains.

1992, 48 min., 0192 147, VHS

Purchase inquiries: Not available

- **Safety for You**

This video provides a detailed explanation of community services available to Kelsey, a deaf/hearing impaired woman, who is seeking safety from family violence. This video addresses violence in lesbian relationships as well as violence against women with disabilities. The video provides a dramatization of an abusive relationship between two women with hearing impairments and then details the possible steps that could follow, including contacting the police, finding a shelter, and beginning to regain a sense of self and security.

*American Sign Language with English voiceover and captions.*

1997, 23 min., 9198 126, VHS

Purchase inquiries: Ottawa Deaf Centre

- **Saputjinik-Healing Each Other **

*Saputjinik* is a video account of an Inuit family's attempt to end the cycle of domestic abuse and child maltreatment. Actors lead us through the model of the Family Group Decision Making Experience, as implemented, in a small northern community. The family draws upon traditional strengths of Inuit culture. This video highlights some of the problems and emotions encountered by both the family and organizations involved in the process. *Saputjinik* is an Inuktitut word that, translated loosely, means 'healing each other'.

1999, 60 min., 0199 312, VHS

Purchase inquiries: Centre for Academic and Media Services



- **Seen... But Not Heard: A Docu-Drama About the Serious Emotional and Physical Effects on Children Who Witness Their Mothers Being Abused**

The film focuses on the emotional problems and psychological damage inflicted on children who have to deal with fear, anger, constant disappointment and inappropriate responsibilities. It also shows what it is like to go to a shelter. The film includes explanations of the children's behaviour from health professional, Dr. Peter Jaffe, and comments from victims and an abuser. The film describes the kinds of behaviour children in these situations display that teachers or school counsellors should be aware of, stressing the need for witnesses and victims to seek counselling.

1993, 29 min., 0193 119, VHS

Purchase inquiries: [kineticvideo.com](http://kineticvideo.com)

- **Still Killing Us Softly**

This is the sequel to the widely acclaimed *Killing Us Softly*, filmed in 1979. In her continuous efforts to unmask the techniques used in selling a product, Jean Kilbourne draws attention to the sexual, violent and pornographic aspects of advertising. She points out that the image of women in advertising continues to be negative.

1987, 30 min., 9187 145, VHS CC 

Purchase inquiries: [kineticvideo.com](http://kineticvideo.com)

- **Themes of Defense**

Nine dramatic vignettes that illustrate how abusive men rationalize or deny their violent behaviour. The video deals with the repeated themes of those rationalizations: the relationship blamer, the evader and minimizer, the great communicator, the depressed and compliant, the denier, the alcohol blamer, the guilty, the born-again and the super-cooperative. Each scene is followed by a discussion with Dale Trimble, a therapist who has worked with abusive men for over fifteen years, and who developed the concept for this program. The video and accompanying materials will teach professionals in the field how to respond to each of these themes in a way that increases the man's responsibility for his behaviour. The program also describes the dangers of working with these men and stresses the importance of keeping women and children safe. The video and training materials constitute a two to three hour workshop.


1994, 58 min., 0194 118 VHS

Purchase inquiries: B.C. Institute Against Family Violence

- **The Ticket Back NFB**

Linda recently divorced her abusive husband Bill and is now trying to make a new life for herself and her two children. Bill becomes jealous and violent and threatens to take the children away from her. Mysteriously, a social worker comes to investigate an anonymous complaint that Linda is

neglecting her children. The next day a court order is delivered—Bill is demanding custody of the children. Linda panics. Should she run or should she stay and fight?

1990, 49 min., 9190 064, VHS CC 

Purchase inquiries: National Film Board of Canada

- **Unbalanced Scales: Gender Bias in the Justice System** 

Judges, defense lawyers and prosecutors, police, parole officers, teachers and students of law enforcement, social agencies that help women—these are the intended audiences of this video. This resource addresses the revictimization of women at the hands of the justice and social systems after these women have already been the victims of the crime of domestic violence. The video is a consciousness-raising tool about this systematic discrimination and gender bias. *Unbalanced Scales* helps viewers identify specific policies, procedures, and practices which may appear neutral but which, in actuality, have an adverse impact on women. Finally, it generates suggestions on ways to address this problem.

1999, 20 min., 0199 313, VHS

Purchase inquiries: [kineticvideo.com](http://kineticvideo.com)

- **Violence Against Women  
“Breaking the Silence”**

Hosted by an RCMP constable, this video contains stories of hope for women who are in violent relationships and provides practical and valuable information on how to leave an abusive partner. *Breaking the Silence* also gives advice and understanding to people who know of, or witness domestic violence, and offers help for abusers. The video focuses on the secrecy surrounding domestic violence, urging individuals and the community to speak out and 'break the silence'.

1995, 50 min., 9195 217, VHS

Purchase inquiries: Friday Communications Inc.

- **Violence Can Happen to You**

Using sign language, eight deaf/hearing impaired actors portray real life stories through re-enactment and a round table discussion to help others learn about violence against women with disabilities.

*American Sign Language with English voiceover and captions.*

1997, 15 min. 29 sec., 9198 127, VHS

Purchase inquiries: Ottawa Deaf Centre

- **What About Us: A Group Counselling Tool to Help Children Cope with the Experience of Having Witnessed Their Mothers Being Abused**

This video, which is related to *Seen... But Not Heard*, examines the importance of group therapy and counselling for children who have witnessed their mothers being


abused. Dramatic scenes of family life in an abusive situation and of group therapy sessions show why the children need to talk about their problems, fears and anger. The film shows the development of inappropriate behaviour, and how counselling can help children cope with and talk about their experiences, learn better methods to deal with anger and fear, and how to plan escapes from future violent situations.

1993, 28 min., 0193 120, VHS

Purchase inquiries: [kineticvideo.com](http://kineticvideo.com)

- **When Women Kill NFB**

What would make an ordinary woman kill her husband? This documentary focuses on the experiences of three battered women who, after years of violence, killed their abusers in self-defense. It explores the reasons for their actions and how they were treated by the courts. Featured author, Ann Jones, offers a historical background on society's attitudes toward women who kill. She challenges the legal system to confront the widespread violence that men inflict daily on the home front.


1994, 48 min., 9194 002, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Ces femmes qui tuent*

- **Without Fear: A Video About Violence Against Women NFB**

Produced for the Canadian Panel on Violence Against Women, this video is designed to raise public awareness about the extent of violence against women in Canadian society. Through the powerful stories of six survivors, the film explores various types of violence perpetrated on women, including physical abuse, sexual assault and child sexual abuse. Statistical information and dramatizations of public intervention scenarios are interspersed with the personal narratives.


1993, 25 min., 9193 064, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Pour ne plus avoir peur : Une vidéo sur la violence faite aux femmes*

- **You Can't Beat a Woman! NFB**

*You Can't Beat a Woman!* is an unconventional exploration of violence against women. It is a journey in and out of the lives of heroic women around the world. The video moves from Canada to Russia, South Africa, Israel, Japan and Chile to locate the phenomenon of violence against women. Filmmaker Gail Singer uses '70s footage, montage, intimate observation and dry wit to explore the question, "Why does this phenomenon exist?"

1997, 94 min. 23 sec., 9197 170, VHS CC 

Purchase inquiries: National Film Board of Canada

- **You Oughta Know: Teens Talking about Dating and Abuse**

This youth-oriented video uses "spoken-word poetry" and real-life stories told by teens to provide accurate accounts of their own experiences with dating abuse. Interviews with and discussions between teens about dating and relationships offer a glimpse of their ideas, misconceptions, and realizations. This film helps young people recognize and challenge unacceptable attitudes and behaviour and to define healthy relationships between the sexes.

1997, 23 min., 9197 198, VHS

Purchase inquiries: [kineticvideo.com](http://kineticvideo.com)







# Abuse of Older Adults

- **Abuse and Neglect in Long Term Care: Intervention and Prevention**

This video is part of an innovative educational package for intervening and preventing abuse and neglect of residents in long term care facilities (LTC). Actors in the video are actual LTC residents, staff, and volunteers. The video aims to increase awareness about the diverse forms of abuse and neglect and to promote sensitivity to the potential for abuse and neglect to occur in LTC. Comprehensive discussion modules and a facilitator's guide accompany the video.

1996, 23 min. 41 sec., 9196 182, VHS

Purchase inquiries: SCO Health Service, Elisabeth Bruyere Health Centre

Disponible en français : *Prévention des mauvais traitements dans les établissements de soins de longue durée — Intervention et prévention*

- **Auguste and Blanche**

Married for fifty years, Auguste and Blanche have become the victims of extortion at the hands of their children. The violence escalates a few weeks before Blanche dies. The children take Auguste's money and subject him to physical and mental abuse, his grandchildren blackmail him and the rest of the family are indifferent and refuse to acknowledge his predicament. By chance, Auguste finds the help he needs to deal with his situation. He then helps other victims find the resources they need to end the abuse.

1993, 30 min., 0193 127, VHS

Purchase inquiries: Vidéographe

Disponible en français : *Auguste et Blanche*

- **Breaking Point**

In this provocative documentary, Nancy, a formerly abusive daughter, talks candidly about her repeated abuse of her invalid mother. As Nancy relates her story, a sensitive and emotional portrayal emerges. Through therapy and soul-searching, Nancy eventually comes to terms with what she has done and acquires an understanding of how the abuse might have been avoided. The video provides insights which will provoke discussion and introspection.

1994, 20 min., 9194 153, VHS

Purchase inquiries: [kineticvideo.com](http://kineticvideo.com)

- **Calling a Halt**

The video is designed to make retired persons and senior citizens aware of a type of criminal behaviour that is seldom reported: violence against senior citizens.

1989, 27 min., 0189 180, VHS

Purchase inquiries: Sûreté du Québec

Disponible en français : *S'en sortir!*

- **Elder Abuse: A Multi-Disciplinary Team Approach**

The video follows three "typical" composite cases. Each case models the role of a professional who discovers a case of abuse, recognizes the complex circumstances that influence it, acknowledges her/his inability to address the complexities and then makes a referral to the multi-disciplinary team. We then see the group in action, consulting on the case and making recommendations.

1994, 25 min., 0194 119, VHS

Purchase inquiries: Age and Opportunity, Elder Abuse Resource Centre

- **Even In Our Neighbourhood**

This video illustrates neglect, and financial and physical abuse of seniors in a clear and simple manner. Three stories are depicted: a mother who requires medical attention is neglected by her daughter, an elderly woman is financially exploited by a neighbour who volunteers to shop for her, and a father is physically abused as his son tries to deal with the pressure of a failed business venture.

1990, 6 min., 0190 203, VHS

Purchase inquiries: Ontario Network for the Prevention of Elder Abuse

- **Heart of the Matter**


This educational video looks at the current issues of abuse and neglect of older adults. Through personal stories and discussions with community groups, professionals, family caregivers and care receivers, this video identifies strategies for prevention, intervention and advocacy. An accompanying guide is intended to stimulate discussion, understanding and action among those concerned with older adults and their well-being.

1996, 29 min. 50 sec., 0196 179, VHS

Purchase inquiries: Seniors' Education Centre, University of Regina

- **A House Divided: Caregiver Stress and Elder Abuse NFB**

Through four moving portraits, this film sheds light on the tragedy of elder abuse which takes many forms, ranging from neglect and financial exploitation to physical assault. With great sensitivity, this film portrays the emotional complexity of family relationships that can lead to elder abuse, the anguish and isolation of its victims and the need for understanding and support from the community.

1988, 35 min. 17 sec., 9188 011, VHS CC 

Purchase inquiries: National Film Board of Canada



- **Money Matters for Seniors**

*Money Matters for Seniors* is a discussion starter portraying six seniors whose financial independence is at risk from someone close to them. In each case, a staff person of a financial institution offers respectful support, limiting the opportunity of the potential financial abuser. This video challenges seniors and personnel of financial institutions to work together to maintain the seniors' financial independence. Recommended for seniors groups, a comprehensive manual and a facilitator's guide accompany the video.

1998, 25 min., 9198 129, VHS

Purchase inquiries: B.C. CEAS (B.C. Coalition to Eliminate Abuse of Seniors)

- **Mr. Nobody NFB**

Jack Hussins is sixty-five years old. When Jack does not comply with a Health Department order to clean up, he is forcefully removed from his home, certified incompetent and the Public Trustee takes charge of his affairs. Jack feels that he is being treated like "Mr. Nobody". This film will provoke discussion of legal and ethical dilemmas concerning the self-neglecting elderly.

1987, 35 min. 45 sec., 0187 100, VHS

Purchase inquiries: National Film Board of Canada

- **Perceptions of Abuse**

This program is an exploration of the issue of abuse of older adults as seen through the eyes of adolescents. It may be used to: generate awareness and understanding of issues of neglect and abuse of older adults; encourage older adults to protect themselves and their peers from all forms of abuse; help caregivers to recognize the potential to curb incidents of abuse before they begin; promote the belief that every age group has a part of play in the identification and resolution of abusive situations.

1998, 24 min., 9198 155, VHS

Purchase inquiries: kineticvideo.com

- **The Silence Upstairs**

This short drama is about the emotional abuse and neglect of the elderly. Locked in her room day after day, a woman who lives with her son and his family whiles away her time watching television. Except for an occasional visit from her granddaughter, she is virtually ignored. The daughter-in-law resents having to put aside her career plans to take care of her husband's mother and wants to place her in a nursing home. The grand-daughter, upset about growing domestic conflict and the treatment her grandmother is receiving, implores her parents to get professional counselling. A discussion-starter on the problem of abuse of the elderly.

1985, 13 min., 0185 038, VHS

Purchase inquiries: Not available

- **Standing Up for Yourself**

Four scenarios involving the financial exploitation of an older person in which the victim turns the potentially dangerous situation around and takes control: a roofing expert gains access to a home; a son attempts to obtain power of attorney; a granddaughter short changes her grandparent; and a scene that illustrates the danger of keeping money at home.

1991, 13 min. 30 sec., 0191 133, VHS

Purchase inquiries: Manitoba Seniors Directorate  
Disponible en français : *La force de s'affirmer*

- **Stop the Silence**

This video reviews the legal definition of abuse and neglect in British Columbia and then illustrates those definitions with dramatized scenes. The video also describes the services available in British Columbia for victims of elder abuse and neglect.

1990, 20 min., 0190 186, VHS

Purchase inquiries: B.C. CEAS (B.C. Coalition to Eliminate Abuse of Seniors)

- **Telemarketing: Consumer's Choice**

This video shows how some telemarketing techniques are used to exploit seniors. It also provides seniors with tips on how to protect themselves from this type of financial abuse.

1993, 7 min., 0193 128, VHS

Purchase inquiries: RCMP Crime Prevention/Victim Services

Disponible en français : *Le télémarketing : Vous avez le choix*

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