



## Most View Health in Positive Terms

Most seniors living at home describe their general health in positive terms. In 1999, 77% said their health was either good (35%), very good (31%), or excellent (11%), while only 17% reported their health was fair and just 6% described it as poor.

Indeed, the large majority of seniors in all age groups consider themselves to be in good health. For example, in 1999, 72% of those aged 75 and over described

their health as either good, very good, or excellent, only slightly below the figure reported by those aged 65-74 (80%).

Still, those in older age groups are the most likely to describe their health as poor. That year, 8% of people aged 75 and over said their health was poor, whereas the figure among those aged 65-74 was 4%.

Percentage of seniors in 1999 describing their health as...

